

Leaving Hospital

Information for parents / carers



Leaving hospital

We hope we have made your stay as comfortable as possible and welcome any feedback you may have. We believe that children should only be in hospital when absolutely necessary, and to minimise the time spent here we aim to work with you to ensure that all children are able to go home as soon as they are well enough. If your child needs any further treatment, this can be provided in the comfort of your own home, with support from the Community Team if necessary.



Time and date of leaving

We will aim to get your child 'Home for Lunch' on your day of discharge.

What we will do

- Wherever possible planning your child's discharge will start on or before admission. We will give you an estimated date of discharge and together agree a plan.
- We will discuss your child's needs and agree the help needed at home.

What we expect from you

- We expect you to be fully involved in planning your child's discharge and we will try to take into account your preferences where possible.
- It is expected that families will arrange their own transport home. However, make sure you speak to ward staff about when you should arrange your transport, as often the hospital may need to organise medication and appointments. Hospital transport is for people who meet strict medical criteria only.

Medication



Medication brought into hospital, and still needed on discharge, will be returned to you. If new medication has been started we will give you a supply to take home. Your GP will then prescribe more if required. We will explain your child's medication and provide an information sheet and written instructions on the packaging.

For further information about your medication, contact:

- Patient Medications Helpline: 01865 228906
(Monday to Friday 9am - 1pm)

Day of discharge



We will aim to get your child 'Home for Lunch' on the day of discharge wherever possible. On the morning of discharge your child may be asked to move to the Play / Day Room. Here they can wait until everything is ready, allowing us to start treating another child.

We will give you:

- a discharge letter detailing your child's hospital stay and further treatment.
- medication or equipment as required.

We will send a discharge letter to your child's GP explaining the reason for their hospital stay and giving details of their medication.

Follow-up appointment

If a follow-up appointment or further investigations are needed, we will arrange this before you leave. If this is not possible a letter will be sent following discharge from hospital.

Help at home and equipment

If you and the team agree that help is needed at home, a discharge letter detailing support services will be sent to your child's GP. The support services will be arranged before discharge. If equipment is required at home, arrangements will be made to show you how to use it before leaving.

If you have any concerns once you are at home, please contact your child's GP.

General information

Date of estimated discharge:

(please fill in for your own information)

If you haven't received your child's date of discharge, or need more information, please ask the ward staff.

Patient Advice and Liaison Service (PALS): PALS offers support, information and assistance to patients, relatives and visitors.

John Radcliffe or Churchill: 01865 221473 / 740868

Horton General Hospital: 01295 229259

Nuffield Orthopaedic Centre: 01865 738126

Further information: www.ouh.nhs.uk/leavinghospital

NHS Direct

0845 4647

Support your hospital charity

Tel: 01865 743444 or www.ouh.nhs.uk/charity

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@ouh.nhs.uk**