

Diagnosis of Shoulder problems in Primary Care:

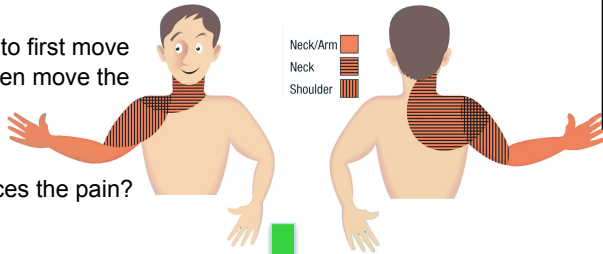
Guidelines on treatment and referral

Red Flags = Urgent Referral

1. Trauma, pain and weakness - ? Acute cuff tear
2. Any mass or swelling - ? Tumour
3. Red skin, fever or systemically unwell - ? Infection
4. Trauma / epileptic fit /electric shock leading to loss of rotation and abnormal shape -? Unreduced dislocation

Is it Neck or Shoulder ?

- Ask the patient to first move the neck and then move the shoulder.



- Which reproduces the pain?

