

PATHWAY FOR PREGNANT WOMEN WITH/CARRIERS OF INHERITED BLEEDING DISORDERS:

PLEASE CONTACT HAEMOPHILIA TEAM FOR ALL PREGNANT PATIENTS WITH BLEEDING DISORDERS, INCLUDING THOSE WHO ARE CARRIERS FOR BLEEDING DISORDERS

GENERAL ADVICE THROUGHOUT PREGNANCY:

- Refer all patients to the Haemophilia and Thrombosis Centre (OHTC)
 - Pre-natal diagnosis may be required, refer as early as possible
 - Blood tests to check at time of referral:
 - haemophilia A carrier: FVIII level
 - haemophilia B carrier: FIX level
 - patients with VWD: FVIII, VWF Ag, VWF CBA, VWFGP1bM, FBC
 - rare bleeding disorders: discuss with haemophilia team
 - Referrals and queries to: Haemophilia.reception@ouh.nhs.uk
 - Fetal DNA blood sampling is generally taken only if CVS is being considered
- Please discuss any unexpected bleeding with the haemophilia team
- Haemostatic therapy may be required for any intervention or procedure: please discuss with the haemophilia team

MANAGEMENT PLAN FOR DELIVERY:

Pre-delivery:

- The patient will be reviewed by a multi-disciplinary team, in 1st and 3rd trimesters
- Depending on blood results and type of inherited bleeding disorder, a haemostasis treatment plan will have been made which will include:
 - Management for mother:
 - Need for clotting factor concentrate/haemostatic drugs at delivery
 - Blood sampling frequency
 - Guidance about neuraxial anaesthesia
 - Management for baby:
 - Need to avoid instrumental delivery, fetal scalp electrodes
 - Use of IM/ oral vitamin K
 - Blood sample requirements from the cord

Post-delivery:

- Haemostasis treatment (where required) will be guided by clotting sample results
- The haemophilia team will review the patient regularly and provide advice on duration and intensity of haemostasis treatment, as well as need for thromboprophylaxis

HOW TO TREAT:

- Clotting factor concentrate and other treatments are available from JR blood bank
- Use must be authorised by the Haematology SpR or Consultant

Oxford Haemophilia & Thrombosis Centre Contacts for adults:

Monday to Friday 09.00 – 17.00		Weekends, out of hours and Public Holidays
Reception	01865 225316	Ask switchboard for Haematology registrar on call
Haemostasis registrar	Bleep 5529	
Haemophilia Nurses	Bleep 5064	