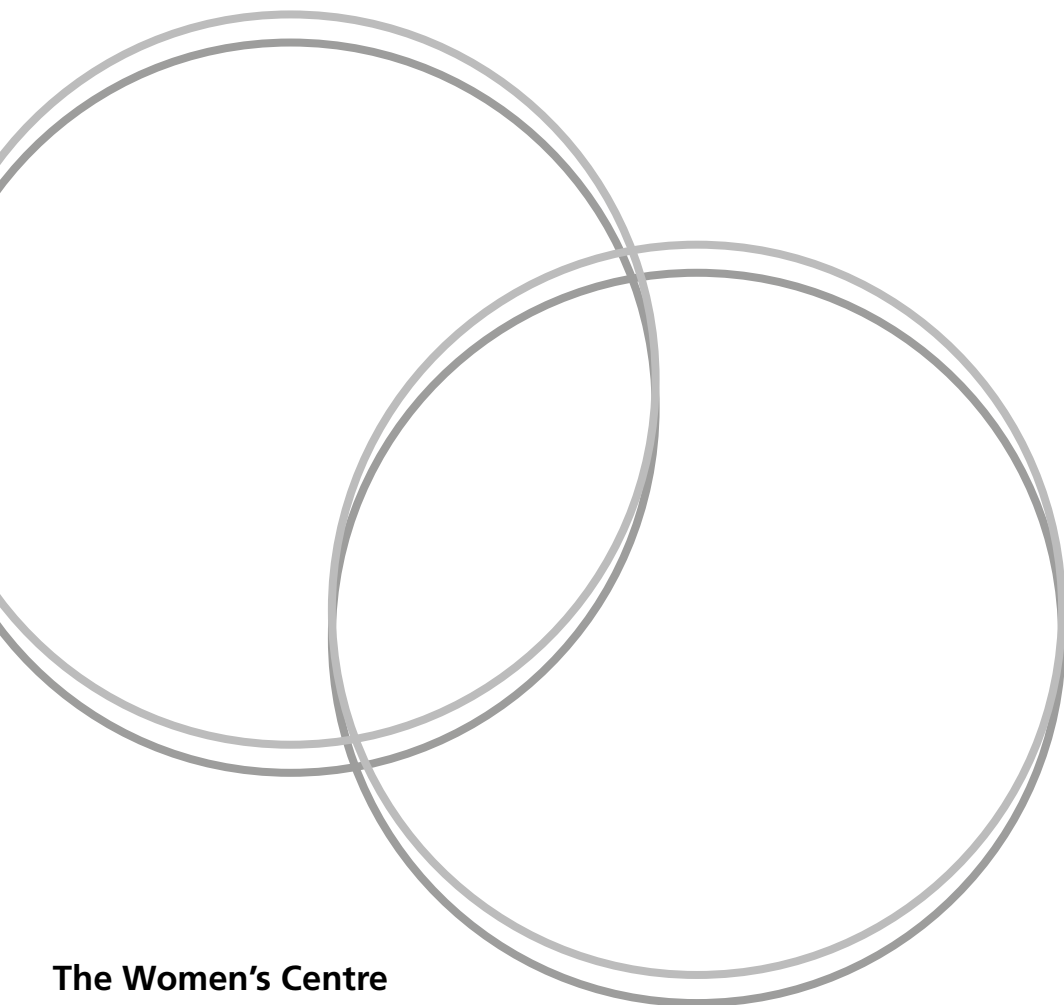




Oxford University Hospitals
NHS Foundation Trust

Welcome to the Gynaecology Ward

Information for patients



The Women's Centre

Location

Level 1, Women's Centre
John Radcliffe Hospital
Oxford OX3 9DU

Tel: **01865 222 001** or
01865 222 002

The Gynaecology Ward provides care for women before and after surgery as well as caring for early pregnancy and emergency admissions.

The Ward comprises a triage service, a 20 bed inpatient unit and a Day Surgery Unit.

The team includes:

- registered nurses
- nursing assistants
- nursing associates
- discharge co-ordinator
- pharmacists
- physiotherapists
- a housekeeper
- catering staff
- ward clerk.

Visiting

Visiting rules vary – please visit ouh.nhs.uk/covid-19 for links to visiting information during the COVID-19 pandemic.

Unfortunately we are unable to allow flowers or plants on the ward.

Parking

Patient/visitor car parks are open and normal charges apply, but space is limited and there is no on-street parking nearby. If you need to wait in your car for a period of time, please make sure you have water to drink, especially in hot weather.

Your care on the ward

When we admit you to hospital, a named consultant and their team of doctors will care for you. The Gynaecology team will see you every morning during their ward round, which generally starts at 8.30am.

Nurses complete medication rounds at 6.00am, 12 noon, 6.00pm and 10.00pm. Please try not to disturb the nurse when they are completing this round. If you require assistance, please press your bedside buzzer. There are other members of staff available who can help you.

Mealtimes

We will bring meals to your bedside.

Mealtimes are:

- Breakfast 7.00am
- Lunch 12.30pm
- Dinner 5.30pm

We will give you a menu to choose your lunch and dinner the night before. Please complete it by 8.00am the following day. Menus include hot and cold options for all dietary requirements.

Meals are eaten at the bedside, and we encourage you to sit out of bed to eat your meals, as this helps digestion.

Hot and cold snacks are available 24 hours a day, so tell your nurse if you are hungry or have missed a meal. All ward menus include vegetarian, vegan, coeliac, halal and kosher options.

Facilities

We have a garden area exclusively for Gynaecology Ward patients and their visitors. This is a peaceful and spacious area where patients can take a little time out to sit in the fresh air in secluded and secure surroundings.

We can provide toothpaste, toothbrush, soap, shampoo, a comb, towels, blankets, gowns and non-slip socks to make you as comfortable as possible during your stay in hospital.

Electronic devices

We offer free Wi-Fi on our hospital sites: 'OUH-Guest'

Please be aware of people around you and use headphones wherever possible. Please keep phone conversations short and as quiet as possible so as not to disturb other patients.

Valuables

Please do not bring valuable items into the hospital. Oxford University Hospitals NHS Foundation Trust cannot take responsibility for any items that are lost or stolen.

Safe moving and handling

You may find it difficult to move about because of surgery or an illness. However, immobility can lead to other health problems, such as chest infections or pressure sores, which may increase the length of time you are in hospital. Therefore, we encourage you to do as much as you can by yourself, to increase your independence.

If you do need help to move, we use special equipment that makes this safer, easier and less uncomfortable both for you and for staff. We will explain how the equipment works, and anything you need to do to help us move you safely.

Let us know your views

If you would like to give feedback about a particular ward or department, please complete the Friends and Family Test survey when asked.

To provide general feedback about our Trust, or to praise or thank our staff for a positive experience, please email our Patient Experience Team: patient.experience@ouh.nhs.uk

For full details please visit www.ouh.nhs.uk/patient-guide/feedback

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

Author: Holly Attle, Ward Sister. Danielle Kyle, Gynaecology Patient Information Co-ordinator.

May 2021

Review: May 2024

Oxford University Hospitals NHS Foundation Trust

www.ouh.nhs.uk/information



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