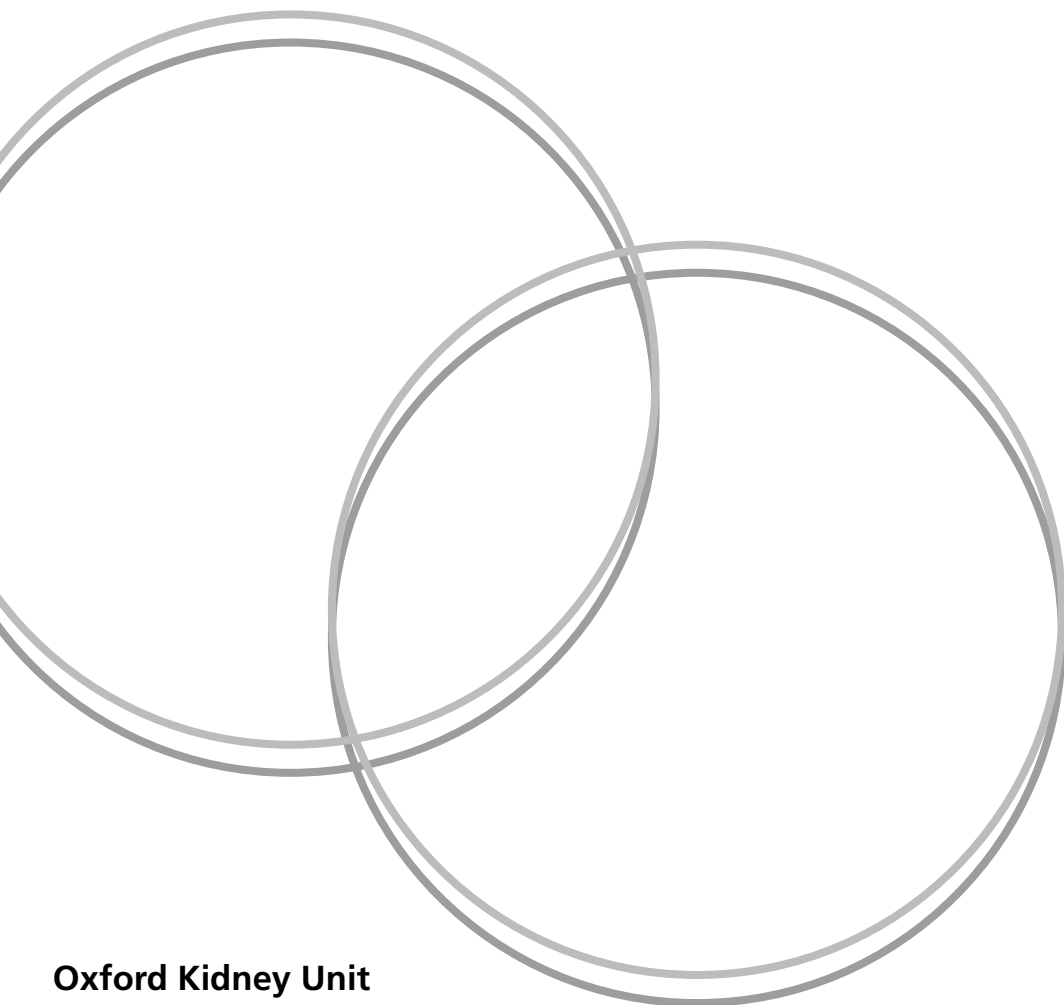




Oxford University Hospitals
NHS Foundation Trust

Renal Supportive Care information for patients



Oxford Kidney Unit

What is renal supportive care?

People who live with chronic kidney disease often need increased help and support. Some people may need help with controlling the symptoms that are caused by kidney disease and being on dialysis. Other people may need extra help with everyday activities, such as washing, dressing, shopping and cleaning.

You may find you also want more information about your illness and what this may bring with it, as well as help to plan your future care.

What is the renal supportive care register?

The renal supportive care register is important; it helps us to make sure that your individual needs are communicated efficiently with all clinicians involved in your care (such as your GP, dietitians and other health professionals). The supportive care register is a way of helping us to identify people who need this extra support.

The Oxford Kidney Unit (including the satellite units) has chosen certain staff who have become 'supportive care champions'. These champions will be working together, to highlight those people who are likely to need their help.

To help us to identify those who may benefit from this help, all people on haemodialysis and peritoneal dialysis will be given a questionnaire. This will help you to identify any symptoms that you may have, so that we can begin to address any concerns that you may have with your future care.

Your results will be shared with you, your renal doctor, your GP and, if you agree, your name may be added to the supportive care register.

You don't have to complete the questionnaire if you do not want to. However, the questionnaire will help us to tailor your care to your individual requirements.

The questionnaires being used are called the Visual Analogue Scale (VAS) and Palliative care Outcome Scale – Renal (POS – Renal). These are designed to be a simple reflection of how you are feeling about your health on a particular day. The POS – Renal has been designed specifically for patients with kidney problems.

If you have any questions about any information contained in this leaflet, please speak to the staff in your Dialysis Unit.

The supportive care champion in your Dialysis Unit is:

Contacts

The opening hours vary in each unit. If the unit is closed, an answer phone message will let you know who to contact.

Main Haemodialysis unit

Churchill Hospital

Tel: **01865 225 807**

Tarver Haemodialysis Unit

Churchill Hospital

Tel: **01865 225 695**

Milton Keynes Haemodialysis Unit

Tel: **01908 996 496**

Stoke Mandeville Haemodialysis Unit

Tel: **01296 316 996**

Banbury Haemodialysis Unit

Tel: **01295 229 811** or

01295 224130

High Wycombe Haemodialysis Unit

Tel: **01494 426 347**

Swindon Haemodialysis Unit

Tel: **01793 605 286**

Oxford Peritoneal Dialysis (PD) Unit

Tel: **01865 225 792**

(8am to 6pm, Monday to Friday)

Email: **pd.team@ouh.nhs.uk** (between 8.30am and 4.30pm)

Wycombe PD unit

Tel: **01494 426 349**

(8am to 6pm, Monday to Thursday)

Swindon PD unit

Tel: **01793 605 288**

(8am to 6pm, Monday to Friday)

Milton Keynes PD unit

Tel: **01908 996 465**

(8am to 4pm, Monday to Friday)

Hours may vary if nurses out home visiting or annual leave.

Further Information

Please speak to the department where you are being seen if you would like an interpreter. You will find their contact details on your appointment letter. Please also ask them if you would like this information leaflet in another format, such as:

- easy read
- large print
- braille
- audio
- electronically
- in another language.

We have tried to make this information meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They will be happy to help.

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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



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