

Specialist Disability Service

Baby care advice for people with physical disability

Information for patients



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Part of Oxford Centre for Enablement (OCE), Oxford University Hospitals NHS Foundation Trust.

Specialist Disability Service

Oxford Centre for Enablement

Nuffield Orthopaedic Centre

Windmill Road

Oxford OX3 7HE

Email: **specialist.disabilityservice@nhs.net**

Tel: **01865 227 447**

www.ouh.nhs.uk/oce/services/specialist-disability-service.aspx

The aim of this service is to provide advice to people with complex physical disability who take on an active role in caring for a new born baby.

It is important to assess any needs the carer may have before the baby arrives, so that they can plan ahead and have time to adapt to lifestyle changes that may be needed.

Our experienced Occupational Therapist will discuss the client's concerns and answer their questions.

The client will also have the opportunity to practise caring for their baby with the help of a life-size weighted baby doll, so that they gain experience and confidence.

Assessment

In order to assess the needs of the carer, we break down the tasks required in caring for a baby to carry out a detailed analysis of what they involve, for example:

- lifting and carrying
- feeding and holding
- nappy changing and cleaning
- dressing
- bathing
- problem-solving.

We will also look at alternative baby-care techniques and custom-made equipment, offer information and produce a final report with recommendations.

Referrals

Referrals can be made by social or health care professionals.

For referral forms please visit:

www.ouh.nhs.uk/oce/services/specialist-disability-service.aspx

To discuss a referral, please contact the Occupational Therapist:

01865 227 447

Costs

Suitable funding must be established before any action can be taken on a referral.

The assessment is often funded by the client's local Clinical Commissioning Group with an established service level agreement with Oxford University Hospitals NHS Foundation Trust.

Although this is often quick and easy, for a number of referrals this may take some time.

If there is no service level agreement in place, an application will be made to the client's Clinical Commissioning Group. Sometimes specialist equipment costs are met by local services.

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALS@ouh.nhs.uk**

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