

# Welcome to the Gynaecology Day Surgery Unit / Ward at the John Radcliffe Hospital

Information for patients



Please read this leaflet before you come into hospital.

Waiting for an operation can be an anxious time; we hope that this information will help to put your mind at rest.

**Pre-operative Assessment**

Tel: **01865 222 012**

**Day Surgery Unit**

Tel: **01865 222 014** (weekdays)

**Urgent Gynaecology Clinic**

Tel: **01865 221 142**

**Gynaecology Ward**

Level 1, Women's Centre

John Radcliffe Hospital

Gynaecology Ward: **01865 222 001**

**Friends and Family Test (FFT)**

Would you recommend us to your friends and family, if they needed similar care or treatment?

Please complete a leaflet and post it in the RED box when leaving the department

## Day Surgery Unit patients

Please come to the Gynaecology entrance on Level 1 of the Women's Centre at 7.30am.

Parking space is very limited and there is no on-street parking nearby, so please allow time to find a space.

We will meet you at reception. However, if you are coming in at the weekend or on a Bank Holiday, please come straight to the ward.

Please do not have anything to eat or drink (except water) after midnight on the morning of your operation, including chewing gum and sucking sweets. You may only drink water until **6.30am**.

Please bring with you a dressing gown, a pair of slippers and perhaps something to read. Your surgery may take place at any point during the day.

Providing you make a good recovery, you may be able to go home the same day. You will need an adult to collect you from the Day Surgery Unit (which is based on the Gynaecology Ward) and to stay with you overnight at home.

If we need to keep you in overnight, you will stay on the Gynaecology Ward. Please see page 5 for information about the ward.

You should not go home on public transport after the procedure. You will need to be taken home by car. This will be more comfortable for you and quicker for you to return to hospital if there are any complications on the journey home. You are not allowed to drive for 48 hours following the procedure, due to the sedation from the anaesthetic. This is a DVLA requirement.

It is recommended that you have at least the day after the procedure off work, so that you can rest.

## Arrival on the Day Surgery Unit

It may be a few hours before a bed becomes available. We make every effort to ensure that a bed is available for you to have your operation, but there are times when this is just not possible. If this is the case, we will arrange another date for your operation.

A nurse will check your blood pressure, pulse and temperature and re-test a sample of your urine to make sure that there have been no changes since you attended the Pre-operative Assessment Clinic.

The nurse will confirm that you have all the information you need about your operation and your nursing care afterwards. We will give you two plastic identity bracelets which we ask you to wear **at all times**.

You will also meet your anaesthetist before your surgery.

## Consent to treatment

If you did not sign a consent form at the Pre-operative Assessment Clinic we will ask you to do this. The consent form should state clearly the operation you are having, the potential benefits and the risks involved. Please **read the form carefully** and ask as many questions as you like before signing it. We will give you a copy to keep.

## Gynaecology Ward inpatients

Please come to the Gynaecology entrance on Level 1 of the Women's Centre at 7.30am.

Parking space is very limited and there is no on-street parking nearby, so please allow time to find a space.

We will meet you at reception. However, if you are coming in at the weekend or on a Bank Holiday, please come straight to the ward.

Please do not have anything to eat or drink (except water) after midnight on the morning of your operation, including chewing gum and sucking sweets. You may only drink water until **6.30am**.

## Arrival on the ward

It may be a few hours before a bed becomes available. We make every effort to ensure that a bed is available for you to have your operation, but there are times when this is just not possible. If this is the case, we will arrange another date for your operation.

A nurse will check your blood pressure, pulse and temperature and re-test a sample of your urine to make sure that there have been no changes since you attended the Pre-operative Assessment Clinic.

The nurse will confirm that you have all the information you need about your operation and your nursing care afterwards. We will give you two plastic identity bracelets which we ask you to wear **at all times**.

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If you did not sign a consent form at the Pre-operative Assessment Clinic we will ask you to do this. The consent form should state clearly the operation you are having, the potential benefits and the risks involved. Please **read the form carefully** and ask as many questions as you like before signing it. We will give you a copy to keep.

## Visiting hours

Visiting hours weekdays and weekends are 2.00pm to 8.00pm.

Please make **every effort** to keep to these visiting hours, for the benefit of all our patients.

Unfortunately we are unable to allow flowers or plants on the ward.

## Mealtimes

We will give you a menu in the afternoon so that you can choose your meals for the following day. Please complete it by 8.00am on that day and hand it to the nurse looking after you.

If you need a special diet, let the nurse know. Meals are eaten at the bedside, and we encourage you to sit out of bed to eat your meals, as this helps digestion.

## Safe moving and handling

You may find it difficult to move about because of your surgery or illness. However, immobility can lead to other health problems, such as chest infections or pressure sores, which may increase the length of time you are in hospital. We therefore encourage you to do as much as you can by yourself, to increase your independence.

If you do need help to move, we use special equipment that makes this safer, easier and less uncomfortable both for you and for staff. We will explain how the equipment works, and anything you need to do to help us move you safely.

## Let us know your views

We welcome your comments. Listening and responding to your views is an important way of ensuring that our services meet your needs. There are suggestion boxes on the ward and comment slips for you to complete.

You can also email **[feedback@ouh.nhs.uk](mailto:feedback@ouh.nhs.uk)**

## Further information

For more information please see the booklet 'Information for patients – John Radcliffe Hospital' or visit **[www.ouh.nhs.uk/women](http://www.ouh.nhs.uk/women)**

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **[PALS@ouh.nhs.uk](mailto:PALS@ouh.nhs.uk)**

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