

Oxford University Hospitals **NHS**

NHS Foundation Trust

Oxford Eye Hospital

Oxford Glaucoma Monitoring Unit (OGMU)

Information for patients



What is the OGMU monitoring service?

If you have been diagnosed with ocular hypertension, early glaucoma, or you are suspected of having glaucoma, you will be aware that your condition needs regular monitoring. Your glaucoma specialist has assessed your eye condition and recommended that you would benefit from being seen by our OGMU monitoring service.

How does the OGMU monitoring service work?

All the relevant tests will be carried out, including review of your history and symptoms, a field of vision test, a photograph of the optic nerve at the back of your eye and a check of your eye pressures.

We often also need to use eye drops, to dilate your pupils and help us to get better images of the back of your eye. For this reason please do not drive yourself to this appointment, as the drops will affect your eyesight and you will not be able to drive home.

The OGMU monitoring service is run by optometric technicians. You will not see an ophthalmologist on the day.

All the information collected will be reviewed by a glaucoma specialist. They will contact you to tell you the outcome of all of the tests and when your next clinic appointment needs to be.

The aim of the OGMU monitoring service is to streamline the process for you; helping you to avoid the lengthy waits that can sometimes occur in the general glaucoma clinic.

What happens if there is a change in my eye condition?

If you have any concerns about your vision or notice any changes, please tell the optometric technician during your appointment. They will log any new findings and make sure any issues are brought to the attention of the glaucoma specialist.

If the glaucoma specialist detects any change in your condition when reviewing your test results, you will be offered an appointment in the glaucoma clinic at the hospital, for further examination.

How to contact us

If you have any queries about the service please contact the optometry secretary:

Tel: **01865 234 567** and select 'optometry'

Email: optometry.secretary@ouh.nhs.uk

If you have a specific requirement,
need an interpreter, a document in Easy Read,
another language, large print, Braille or
audio version, please call **01865 221 473**
or email **PALSJR@ouh.nhs.uk**

Author: Mr J Salmon, Consultant Ophthalmologist
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Oxford University Hospitals NHS Foundation Trust
Oxford OX3 9DU
www.ouh.nhs.uk/information



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