

Subarachnoid Haemorrhage Advanced Nurse Practitioner

Information for patients



Introduction

This leaflet is about the support you will receive now, and any ongoing care you will receive, following a Subarachnoid Haemorrhage.

Cat Lamb is a Subarachnoid Haemorrhage Advanced Nurse Practitioner. She is a registered nurse with experience in critical care and neuroscience nursing.

She has worked on the Neurosciences Intensive Care Unit for over eight years, and has completed a Bachelor of Science in Clinical Nursing. As part of a team she offers support, information and advice to patients over the age of 16 who have been admitted to the John Radcliffe Hospital following a Subarachnoid Haemorrhage.

Cat works closely with the Critical Care and Neurosciences departments; she also has close links with the rehabilitation units in many areas.

How can the Subarachnoid Advanced Nurse Practitioner help?

Cat can give you information and advice during your hospital stay and can be contacted at any time after you leave hospital. She will also support you and your family.

Cat will be able to make any necessary referrals for ongoing care or rehabilitation, such as neuropsychology or neurorehabilitation, whilst you are either in hospital or an outpatient.

How can I contact Cat?

Cat is based at the John Radcliffe Hospital in Oxford.

Telephone:

01865 231660 *(please leave a message on the confidential answer machine and Cat will phone you back when she is able to)*

Bleep:

Please phone the hospital switchboard on 0300 304 7777 and ask them to bleep Catherine Lamb.

Email:

catherine.lamb@ouh.nhs.uk

Catherine Lamb
Neuro Intensive Care Unit
Level 1, West Wing
John Radcliffe Hospital
Headley Way
Oxford OX3 9DU

Cat's working hours are Monday to Thursday 8.00am - 5.00pm

If you have an urgent medical problem after you have been discharged from hospital please contact your General Practitioner (GP) or go to your local Emergency Department (A&E).

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALSJR@ouh.nhs.uk**

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