

Oxford University Hospitals **NHS**

NHS Foundation Trust

Ocular Inflammation Service, Oxford Eye Hospital

Uveitis care: looking after your eyes after leaving hospital

Information for patients



This leaflet gives you important information about your eye care. You are being discharged from on-going uveitis care at the Oxford Eye Hospital. In the future, your eye inflammation (uveitis) will be checked by specialist eye doctors at your local hospital.

What does 'discharged' mean?

You have been discharged from the specialist care you receive from the Oxford Eye Hospital. This means that you will receive no further follow-up appointments relating to your uveitis at Oxford Eye Hospital unless you are referred back to us.

A letter explaining this discharge decision will be sent to your GP. A copy will also be sent to you, for your information.

Why have I been discharged?

You have been discharged for one of two reasons:

1. The inflammation (uveitis) has completely recovered.
2. The inflammation (uveitis) is now stable and under good control and can be safely monitored by another hospital.

Will I receive any follow-up care in a local eye unit?

If your condition has completely recovered, you will not need any further planned appointments at a local eye unit. If you do experience further symptoms or problems, you should visit your GP or follow the instructions in this leaflet on 'What should I do if my uveitis flares up'.

If your condition is stable (under control with you on minimal medications, i.e. one or two drops per day), we will write to your GP asking them to refer you to your local eye unit for monitoring. We will also send a copy of this letter to you. All of your relevant medical details and history will be included in this letter, so that your local eye unit have your up to date details.

If you have any problems with your condition at any time, please contact your local eye unit and follow the instructions on 'What should I do if my uveitis flares up?'.

What should I do if my uveitis flares up?

Uveitis is a recurrent condition (can return), so it is possible that it could flare up again. The main symptoms of uveitis include:

- sensitivity to light
- blurred vision
- eye pain
- increased number of floaters.

If you experience any of these symptoms, please visit your GP, your local Accident and Emergency (A and E) department or Oxford Eye Hospital Casualty Clinic (open 7 days a week), as soon as possible.

Once you have been reviewed, we will decide if you need further follow-up care and will arrange this for you, if necessary.

Additional information

If you have any further questions or need advice about your treatment, speak to your GP or your eye doctor at the Oxford Eye Hospital.

How to contact us

Oxford Eye Hospital Helpline

Tel: **01865 234 567**

(Monday to Friday, 8.00am to 6.00pm)

(Saturday, 9.00am to 4.00pm)

(Sunday and bank holidays, 10.00am to 2.00pm)

Eye Hospital Emergency (walk-in service)

(Monday to Friday, 9.00am to 5.00pm)

(Saturday, 8.00am to 4.00pm)

(Sunday and bank holidays, 10.00am to 2.00pm)

Outside of working hours, please contact your out of hours GP or 111.

If you have a specific requirement,
need an interpreter, a document in Easy Read,
another language, large print, Braille or
audio version, please call **01865 221 473**
or email **PALSJR@ouh.nhs.uk**

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