

Day Case Unit, Horton General Hospital

Information and advice after a cystoscopy

Information for patients



What is a cystoscopy?

Today you have had a procedure called cystoscopy. This is where a long thin telescope has been passed via the urethra (the tube leading into your bladder) into your bladder to allow the doctor to look at the tissue inside.

If needed the doctor is able to take small **biopsies** (samples) of tissue from inside your bladder.

After the cystoscopy

Bleeding

A small amount of bleeding is normal after the procedure. If the bleeding increases, or if you have any difficulty in passing urine, you will need to be seen by one of our doctors. Contact numbers can be found on the next page.

Extra fluids

For the following 48 hours it is important to increase the amount of fluid that you are drinking. Please increase this by at least 1 litre a day on top of what you would normally drink. Please spread this out over the day and DO NOT drink it all in one go.

Bathing

You may bath or shower as normal.

Sex

Sexual intercourse may be resumed when you feel ready.

Signs to look out for

If you have any difficulties in passing urine over the next 24 hours such as pain, or if you have more than a small amount of bleeding, please contact one of the numbers below or attend your nearest A&E department. After 24 hours, please contact your GP for any further advice.

Infection

If you have a high temperature or are generally feeling unwell this could be a sign of infection. These symptoms can occur a few days after you have had your procedure. We advise you to contact your GP.

Contact telephone numbers

E ward (Horton General Hospital)	01295 229216
Day Case Unit	01295 229383
Churchill Hospital Urology Ward	01865 225745 / 225746

Further information

Please refer to our information and advice leaflets:

- After a general anaesthetic
- or
- After a local anaesthetic

for the particular type of anaesthetic that you have had. The nurse looking after you will give you a copy. These leaflets give information and guidance on painkillers and how to take them at home. They also give advice about driving.

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**

Lynne Beeson, Sister, Horton Day Case Unit
Racquel Manzanares, Staff Nurse
Version 2, August 2011
Review August 2014
Oxford Radcliffe Hospitals NHS Trust
Oxford OX3 9DU
www.oxfordradcliffe.nhs.uk/patientinformation