

Endoscopy Department, John Radcliffe Hospital

Discharge advice after your sigmoidoscopy

Information for patients



After effects

You may feel bloated with mild abdominal pain. This is due to wind and should settle quickly. If you have had biopsies taken or polyps removed you may experience some bleeding from the back passage. This should stop when your bowels have been opened once or twice.

If you have continued or worsening bleeding, or if you have severe abdominal pain, you should contact the numbers on the page 3 of this leaflet.

Eating or drinking

You can return to eating and drinking immediately after your procedure. You can also return to taking any medication you would normally take.

Aftercare

A copy of the sigmoidoscopy report is always sent to your GP and is usually received within a week.

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Your follow up is:

- Further follow up needed: YES NO
- Make an appointment with YES NO
your GP in 2 weeks
- An outpatient appointment will be sent to you in
..... weeks/months
- A repeat procedure will be arranged in
..... weeks/years

Biopsy results

All biopsy results are seen by a consultant. Some patients are given their biopsy results when they attend their next outpatient appointment. If a consultant does not need to see you in the outpatients department, your results will be sent to your GP. This will take at least 2 weeks.

How to contact us

If you have any problems or queries about your test, please telephone the Endoscopy Department at the John Radcliffe Hospital:

Tel: (01865) 221456 or 221466
Monday - Friday: 08.00hrs - 19.30hrs

If you need urgent advice outside of these hours please telephone Ward 5F on (01865) 221185 and ask to speak to a nurse.

Let us know your views

Comments about your experience in the Endoscopy Department can be emailed to:

endoscopy@orh.nhs.uk

Or you may write to:

Karen Paterson
Endoscopy Department
Level 2
John Radcliffe Hospital
Headley Way
Oxford OX3 9DU

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473**. When we receive your call we may transfer you to an interpreter. This can take some time, so please be patient.

Karen Paterson, Endoscopy Sister, John Radcliffe Hospital
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