

Day Case Unit, The Horton General Hospital

Information and advice after a Fenton's procedure

Information for patients



What is a Fenton's procedure?

A Fenton's procedure is performed to remove scar tissue or an area of constriction around the perineum and entrance to the vagina. The area is re-shaped by trimming and stitching the affected area under either a general anaesthetic or a local anaesthetic.

After your surgery

- You may have a bath or shower after 24 hours. You may bath or shower as normal after this time.
- You may experience some mild to moderate pain. This can be relieved by taking painkillers. You may be given painkillers on discharge – if so, please take these as prescribed. Otherwise you may take paracetamol or other similar pain relieving medication.
- For further advice on pain relief after surgery, please refer to our discharge leaflets for the specific type of anaesthetic you have had.
- You may experience some bleeding after your operation. To minimise the risk of infection, please use sanitary towels or panty liners – it is advisable not to use tampons until after your next period.
- Please avoid sexual intercourse for approximately 2 weeks to allow healing to take place.
- It is quite normal for the operation site to feel sensitive, and for a small amount of bruising to be present.
- Stitches are usually absorbable, which means they will disappear on their own. If other types of stitches are used you nurse will advise you when to have them removed.

Stitches to be removed in days by your
practice nurse on

If you have any problems overnight or in the following 72 hours, such as:

- new / fresh or increased bleeding.
- pain that is not controlled with pain killers
- vomiting that prevents you from getting enough fluids
- any concerns passing urine

please contact:

Horton Day Case Unit 01295 229155

Horton Gynaecology Ward 01295 229088

After 72 hours please contact your GP.

Let us know your views

If you would like to comment on your stay in the DCU please contact us at:

horton.daycase@orh.nhs.uk

Or write to:

Lynne Beeson
Sister
Horton Day Case Unit
Horton General Hospital
Banbury OX16 9AL

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**

Lynne Beeson, Ward Manager, Day Case Unit
Version 1, December 2010
Review December 2013
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www.oxfordradcliffe.nhs.uk/patientinformation