

The Women's Centre, John Radcliffe Hospital

# Welcome to the Diagnostic Suite



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The Diagnostic Suite is on Level 1 of the Women's Centre.

As you enter the reception area, please report to the receptionist and then take seat. Your name will be called out when it is time for you to have your procedure.

**With this leaflet is a letter that tells you what time you need to report to reception in the Diagnostic Suite. If you are unsure about the time, please contact the Booking Office on 01865 231567.**

**When you come to the Diagnostic Suite it is important that you are accompanied by someone who can drive you home. Your outpatient procedure can be uncomfortable and we recommend that you do not drive for the rest of the day.**

## Preparing for your appointment

You may eat, drink and have your breakfast as normal. If you are taking any prescribed routine medication, then you still need to take it as you normally would.

Although we provide sanitary towels, they are a little basic and you may wish to bring your own choice of sanitary towel with you. We advise you to buy a small pack of sanitary towels as you may have a little bleeding after your procedure.

You may need to take painkillers after your procedure and we suggest you make sure you have a supply of paracetamol tablets at home.

## Please arrive on time for your appointment

Parking is not usually a problem in the mornings but traffic can be heavy, so we recommend that you leave home in plenty of time for your appointment. If you do not arrive promptly at the time of your appointment and you have not contacted us to say you have been delayed, we will assume that you are not attending and your procedure will be cancelled.

## On arrival

Please report to the reception area in the Diagnostic Suite on Level 1 of the Women's Centre. A member of the Theatre staff will call you. Don't be concerned by the fact that the staff will be wearing theatre 'scrubs'; you are not having an operation or a general anaesthetic. However, the procedure you are having is a sterile procedure using sterile equipment and is carried out according to the strict infection control rules followed in the operating theatres.

After being shown into the treatment room you will be asked to remove your lower clothing. The staff will then tell you what will happen next.

## After your procedure

You will be asked to sit in the small, more private waiting area in the Diagnostic Suite for about 20 minutes while you have a cup of tea and a biscuit. Some procedures will mean that you need to go to the Day Surgery Unit for a couple of hours so that we can make sure you are passing urine comfortably. The nursing staff will let you know.

You will be given an information sheet which tells you what to expect over the next couple of days.

We advise you to take the rest of the day off work to rest and recover.

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**

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Version 2, October 2010  
Review date, October 2013

OMI 2412