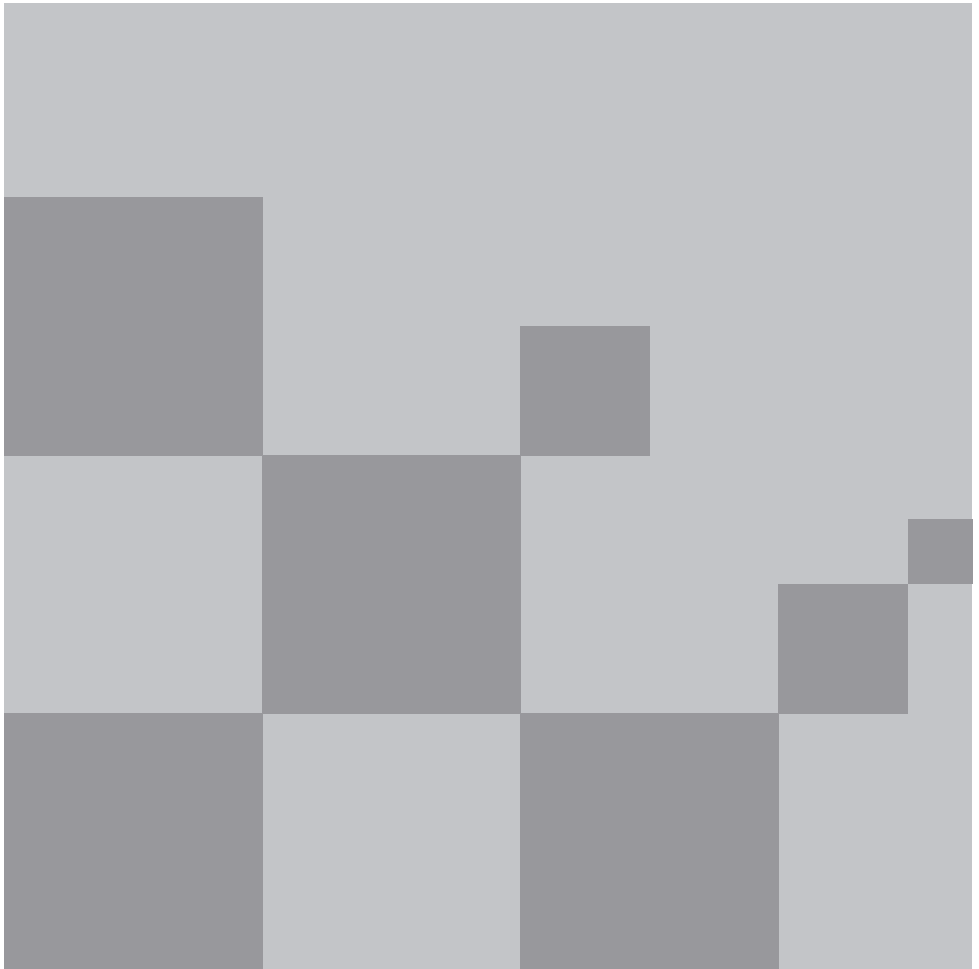


Oxford Centre for Respiratory Medicine

# Adult Cystic Fibrosis (CF) Centre

Information for patients  
and their families



## Adult cystic fibrosis

The Oxford adult cystic fibrosis team are based on the Respiratory Day Case Unit at the Oxford Centre for Respiratory Medicine at the Churchill Hospital.

## The Team

The adult CF team consists of consultants, nurses, physiotherapists, a dietician, a pharmacist and a psychologist.

## Transition clinics

These are held three times a year alongside the Paediatric CF Clinics at the John Radcliffe Hospital on a Tuesday afternoon. They provide an opportunity to meet members of the adult team with the security of familiar faces and surroundings.

## Specialist care

For those of you with other CF related problems we have established links with numerous specialists who are experienced in treating adults with cystic fibrosis. To try and reduce the number of hospital visits you need to make we have set up a joint diabetes/cystic fibrosis clinic and a joint liver/cystic fibrosis clinic.

## Outpatient clinics

Our regular clinics run every 1st and 3rd Thursday and every 2nd and 4th Tuesday of the month. We avoid cross infection in our clinics by seeing patients with certain types of infection in separate clinics. In addition, when you come for your clinic appointment we will ask you to go straight into a consulting room where your whole appointment will take place.

You will have the opportunity to spend time with each member of the CF team who will come to see you in this room.

In keeping with CF Trust recommendations, we review patients at least every 3 months at our Outpatient Department at the Churchill Hospital.

## Inpatient care

Inpatient care is provided on Geoffrey Harris Ward, which specialises in the care of patients with respiratory problems.

## Yearly review

Your yearly review gives you an opportunity to have detailed discussions with members of the CF team about your current health status, future care and treatment.

## If you become unwell

If you become concerned about your current condition, please contact the CF office so we can offer you advice or arrange an appropriate appointment. There is an answerphone and messages are collected frequently throughout the day. Alternatively you can e-mail us. Please see our telephone number and e-mail overleaf.

## Support and care at home

We are also able to offer support and care in the home. It is sometimes possible to have intravenous antibiotics as home therapy. This will be co-ordinated by the nursing team.

Our home service also includes monitoring of your lung function, oxygen saturation, microbiology and antibiotic levels.

## Other Information

When you attend the adult clinic we will give you your own patient held record, in which you can keep details of lung function, treatments, and reminders on what to do when you are not feeling well.

## How to contact us

Cystic Fibrosis Office  
Oxford Centre for Respiratory Medicine  
The Churchill Hospital  
Old Road  
Headington,  
Oxford OX3 7LJ

**Telephone:** 01865 225713 (Answerphone)  
**or e-mail:** [CysticFibrosisTeam@orh.nhs.uk](mailto:CysticFibrosisTeam@orh.nhs.uk)

# We look forward to meeting you.

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **[PALSJR@orh.nhs.uk](mailto:PALSJR@orh.nhs.uk)**

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