



Oxford University Hospitals
NHS Foundation Trust

Oxford Kidney Unit

Getting to and from your Haemodialysis Unit



This leaflet has been written for you if you are on haemodialysis. It will provide you with information on how to get to and from your dialysis unit.

Your Haemodialysis Nurse will tell you how often you need to dialyse: it is usually two to four times per week.

We want you to remain as independent as possible, and we will always try to offer you dialysis at a time you prefer (mornings, afternoons or evenings). This may be influenced by how you get to the Unit for your treatment.

Sometimes people feel tired or dizzy after their haemodialysis treatment. If you experience any of these symptoms, it is best not to drive yourself to and from the Unit.

Three ways to get to your Haemodialysis Unit.

Your own transport

- You drive yourself, or a relative or friend drives you to the Unit.

If you choose to drive yourself, we will give you:

- a parking permit for free parking on the hospital site
- dedicated parking and disabled spaces (if you have a Blue Badge) close to the Unit.

Volunteer drivers

- A small team of volunteer drivers brings patients to haemodialysis. These drivers are not employed by us, but offer their free time and use their own cars.
- They will help you into and out of the Haemodialysis Unit. Other people will probably be travelling with you.

An ambulance service provider

The ambulance service provider will depend on the area where you live. Your dialysis nurse can tell you which one this is.

- If you are not well enough to travel in a car, or you need a wheelchair, you will need to travel by ambulance for your treatment.
- Other people will probably be travelling with you, which may mean that you have to wait while they are picked up or dropped off home before you.

Help with transport costs

If you receive benefits, such as Income Support, Job Seekers Allowance, Child Tax Credit or Working Tax Credit with disability element, you can claim under the Hospital Travel Costs Scheme.

You can also claim under the Hospital Travel Costs Scheme if you are using your own transport or a relative is driving you to and from dialysis.

Your Ward Clerk can let you know how much money you will be refunded per mile. This is the same in all of the dialysis units.

Please ask the Ward Clerk for a form. List all the journeys you have made for dialysis in the month on the form, and return it to the Ward Clerk. They will check and sign the form, and you can then take it to the Cashiers Office for your refund. If you have dialysis in one of our satellite units the Ward Clerk will send your form to the Cashiers Office. If you prefer, we can repay travel costs directly into your Bank Account. Ask the Ward Clerk for details.

The scheme does not pay for cost of a taxi.

Please ask the Ward Clerk for a parking permit if you need one.

If your health changes, the type of transport you use may have to change. You can use a combination of your own transport and transport provided by an ambulance service provider. Some people come to the Unit by ambulance and are collected by a relative or friend.

For more information, please speak to the Ward Clerk.

Contact us

Dialysis Unit numbers

Main Dialysis Unit (Oxford)	01865 225 807
Tarver Unit (Oxford)	01865 225 695
Milton Keynes Unit	01908 996 496
Stoke Mandeville Unit	01296 316 996
Banbury Unit	01295 229 812
High Wycombe Unit	01494 426 347
Swindon Dialysis Unit	01793 605 286

Cashiers Office, Churchill Hospital

- Tel: 01865 225 023
- Monday to Thursday 9.00am - 12.30pm and 1.00pm - 4.30pm
- Friday 9.00am - 12.30pm and 1.00pm - 4.00pm

Car Parking Office, Churchill Hospital

- Tel: 01865 225 466

Further information

Oxford Kidney Unit:

www.ouh.nhs.uk/oku

For details about help with transport and car parking costs:

www.ouh.nhs.uk/patient-guide/transport-costs

100,000 Genomes Project

World class research is carried out at Oxford University Hospitals. We are also a Genomics Medicine Centre and you may be eligible to take part in the 100,000 Genomes project. During your visit you may be approached about clinical research studies and the 100,000 Genomes project. If you would like further information, please ask your healthcare professional or visit:

www.ouh.nhs.uk/research/projects/genomes.aspx

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALSJR@ouh.nhs.uk**

Author Allie Thornley,
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Oxford University Hospitals NHS Trust
Oxford OX3 9DU
www.ouh.nhs.uk/information

