



Oxford University Hospitals  
NHS Foundation Trust

Endoscopy Department

# Discharge advice after your endoscopic ultrasound (EUS)

Information for patients



## After your EUS

The sedation you have been given makes you sleepy and can cause forgetfulness and lack of concentration for up to 24 hours. You should go home and rest today.

### **You must be collected and accompanied home.**

If you have had sedation and live alone, we recommend that you try to arrange for someone to stay with you overnight.

For 24 hours after the sedation you must not:

- drive
- drink alcohol
- operate heavy machinery
- sign any legally binding documents.

Most people feel back to normal after 24 hours.

## After effects

You may have a sore throat for about 1-3 days. This is quite normal.

### **You should contact the number on the back of this leaflet if you experience:**

- **severe pain in your neck, chest or abdomen**
- **unexplained fever (high temperature)**
- **problems breathing.**

## Eating and drinking

Unless you are given specific instructions by your doctor, you can eat and drink straight after your procedure. You can also continue taking your usual medication.

## What happens next?

The EUS report will have already been sent to your GP electronically. You should be given a paper copy of the report before you go home.

## Biopsy results

If we have collected a sample of fluid or taken any biopsies, the result will be sent to the Consultant who requested the test.

The Consultant will then contact you or write to you and your GP to tell you the result of the biopsy. If you are having any other tests, your Consultant may need to wait for all the results before they write to you and your GP. This may not be until after you have returned for a further outpatient appointment.

Your follow up is:

- You will be contacted by the upper gastrointestinal/hepatobiliary team
- An outpatient appointment will be sent to you in ..... weeks/months
- A repeat procedure will be arranged in ..... weeks/years
- The following further investigations will be arranged:

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## How to contact us

If you have continued or worsening bleeding, severe abdominal pain, severe breathing problems, unexplained fever, or severe pain in your neck, chest or abdomen, please call the Urgent Endoscopy Advice Line (24 hour).

Tel: **0300 304 7777** – ask to bleep **6825**

## Let us know your views

Comments about your experience in the Endoscopy Departments can be emailed to:

John Radcliffe:                      [endoscopy@ouh.nhs.uk](mailto:endoscopy@ouh.nhs.uk)

Or you can write to:              Endoscopy Sister  
Endoscopy Department  
Level 2  
John Radcliffe Hospital  
Headley Way  
Oxford OX3 9DU

If you need an interpreter or would like this information leaflet in another format, such as Easy Read, large print, Braille, audio, electronically or another language, please speak to the department where you are being seen. You will find their contact details on your appointment letter.

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[www.ouh.nhs.uk/information](http://www.ouh.nhs.uk/information)

