You have been referred to the Renal Anaemia Specialist Nurse

Renal Anaemia Specialist Nurses work alongside your kidney doctor to manage your anaemia symptoms. We usually (but not always) look after people who have anaemia related to a kidney problem.

Symptoms of anaemia may include:
- tiredness
- lethargy
- feeling the cold.

Our role

We may see you in clinic, or may telephone you to arrange to see you at a later date.

Most people are referred because they need medication to treat their symptoms. We are here to explain your personal needs and to help you get the right medication.

The most common treatments are:
- iron injections (usually given at your local renal unit)
- erythropoietin injections (usually given at home).

A blood test will show us which treatment you need, and we will spend time explaining what this will be.
Our aims

We aim to be a single point of contact for this part of your care. You will have a named nurse, to ensure that they know about your personal needs. We work as a team, so if one of us is away, there will always be another nurse who can access your records and help you.

We aim to deliver the highest possible standard of care. Please remember you can always contact us if you have any questions or concerns.

Telephone: ...........................................................................................................................

Email: ......................................................................................................................................

Website: ....................................................................................................................................
If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call 01865 221 473 or email PALSJR@ouh.nhs.uk

Bethan Charles, Renal Specialist Nurse Practitioner
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Oxford University Hospitals NHS Trust
Oxford OX3 9DU
www.ouh.nhs.uk/patient-guide/leaflets/library.aspx