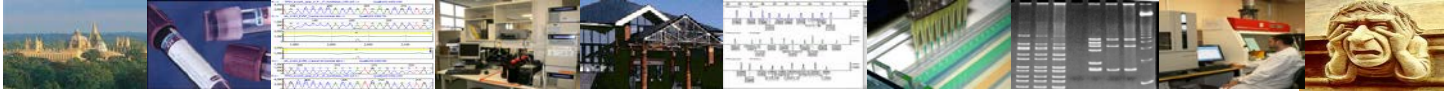


# Oxford Molecular Genetics Laboratory

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## MULTIPLE ENDOCRINE NEOPLASIA TYPE 2 (MEN2A & MEN2B) – OMIM #171400 & 162300 & FAMILIAL MEDULLARY THYROID CARCINOMA (FMTC) – OMIM #155240

### INTRODUCTION

Multiple endocrine neoplasia is characterised by the occurrence of tumours involving two or more endocrine glands. MEN2 and FMTC are autosomal dominant conditions associated with pathogenic gain of function/activating variants in the *RET* proto-oncogene.

MEN2A is classically characterised by medullary carcinoma of the thyroid, plus pheochromocytoma or parathyroid adenoma/hyperplasia.

MEN2B is classically characterised by medullary carcinoma of the thyroid, pheochromocytoma, mucosal neuromas of the lips & tongue and a “Marfanoid” body habitus.

FMTC: ~75% of MTC is sporadic. Familial MTC is the autosomal dominant inheritance of MTC with no extra thyroid manifestations of MEN2.

### TESTING

Diagnostic:	Clinically affected patients
Presymptomatic:	Individuals at risk of developing MEN2/FMTC. Clinically unaffected relatives of individuals in whom a <i>RET</i> pathogenic mutation has been identified.
Prenatal:	Prenatal testing is not usually requested

### REFERRALS

**All samples should be accompanied by a completed pre-referral form ([click here](#))**

- Clinical guidance and advice to direct appropriate gene screening is available from Professor Raj Thakker, Professor of Medicine, OCDEM, Churchill Hospital ([rajesh.thakker@ndm.ox.ac.uk](mailto:rajesh.thakker@ndm.ox.ac.uk)).
- UK diagnostic referrals are accepted from Clinical Genetics, Endocrinology and consultants from other relevant specialties.
- Presymptomatic referrals should ideally be referred through/in collaboration with Clinical Genetics departments.
- Requests for presymptomatic testing should either be discussed with the laboratory in advance or be accompanied by details regarding the known pathogenic mutation in the family.
- Prenatal requests are only accepted from Clinical Genetics and must be discussed with the laboratory and arranged in advance.

### STRATEGY & TECHNICAL INFORMATION

- Targeted mutation screening in diagnostic referrals is undertaken by fluorescent sequencing of *RET* exons 5, 8, 10, 11, 13-16.
  - MEN2A: ~95% of MEN2A individuals have a pathogenic variant occurring in *RET* exon 10 or 11 at codon 609,611,618,620 or 634
  - FMTC: ~85% of FMTC individuals have a pathogenic variant occurring in *RET* exon 10 or 11 at codon 609,611,618,620 or 634
  - MEN2B: ~94% of MEN2B cases are accounted for by a single mutation (p.Met918Thr) in *RET* exon 16.
- When a pathogenic mutation has been identified in an individual, subsequent testing of family members (presymptomatic or diagnostic confirmation) involves testing for the familial mutation only.

### TARGET REPORTING TIMES

Diagnostic test:	42 days
Presymptomatic/Familial Mutation test:	14 days

**N.B. Details are correct for the date of printing only – last updated 07/11/2019**