TO WHOM IT MAY CONCERN

Emergency Hydrocortisone Injection Letter

This young person is under the care of the neuromuscular team at the John Radcliffe Hospital in Oxford. They are receiving steroid treatment as part of management of Duchenne muscular dystrophy and are unable to make enough steroids to cope with serious illness or injury i.e. they have adrenal insufficiency.

If they suffer a serious illness or in severe pain due to an injury like fracture and, in particular if they are drowsy or unconscious, it is important that they receive intramuscular (IM) Hydrocortisone treatment. They should receive Hydrocortison during these circumstances by an IM injection. Hydrocortisone injections are always prescribed for patients for use in these circumstances and the patient’s own medication would usually be available but may not always be in all circumstances. It is important that they are given the IM Hydrocortisone as soon as possible. This will be administered by the emergency services.

Parents to provide copy of this letter to school

Yours sincerely,

Paediatric Neuromuscular Team