

HAPI Children's Clinic (Hand and Plastics Injury)

Information for parents and carers

The Children's Hospital

Children's Day Care Ward

Level 1, Children's Hospital, John Radcliffe Hospital

Children's Hand and Plastic Injury Clinic (HAPI)

Level 0, West Wing, John Radcliffe Hospital This leaflet explains the follow-on care after your child's minor injury.

Your child's injury will have been assessed by your GP or at a local Minor Injury/Emergency Department.

Following this assessment your child has been referred to the HAPI Children's Clinic for an expert plastic surgeon to look at their injury.

Where to come to

Please come to the HAPI Children's Clinic.

Monday to Friday:

This is in the Children's Day Care Ward on Level 1 of the Children's Hospital (John Radcliffe Hospital).

Weekends and Bank Holidays:

On these days the clinic is in the West Wing of the John Radcliffe Hospital, on Level 0. Follow the signs for Hand and Plastic Injury Clinic (HAPI Clinic).

Time

A member of the Plastic surgery Team will contact you and give you an appointment time.

Date:

Time:

Please give your child a simple painkiller such as paracetamol (Calpol) one hour before coming to the clinic.

What will happen during the clinic

Your child will be assessed by a member of the Plastic's team.

Possible outcomes following assessment

- Your child may only require a dressing.
- Further tests/investigations may be needed, such as an X-ray.
- A further follow-up appointment may be required.
- Your child may need an operation.

If your child needs an operation

The Plastic Surgery Team will discuss this in more detail during your child's appointment.

The Plastic's Coordinator will contact you about a date for your child's operation. This is usually the day or evening before the operation.

Operations are decided on clinical priority, and the team will discuss this with you during the assessment.

If your child needs any tests or investigations before an operation this will be discussed in the clinic appointment

Wound care and hygiene

We will give you specific wound care instructions.

If you have any concerns about your child's wound, please contact the Plastic's team or your local 'out of hours service'. In particular if you notice:

- any redness or swelling of the wound
- bleeding or leaking from the wound
- new or increased pain not relieved with regular analgesia (pain relief)
- your child has a fever (high temperature).

We will give you a small supply of dressings, and advise you where to obtain additional supplies.

Additional wound care advice:

Getting back to normal

We will discuss any precautions about sports or swimming, or your child attending school/nursery.

Pain relief

Please give your child simple pain relief such as paracetamol or lbuprofen as recommended on the label.

We will discuss pain relief management during the appointment as necessary.

Follow up

Please make sure you are clear about any further follow up care your child needs before you leave the clinic.

If you need any further information please ask during the appointment.

How to contact us

If you have any worries or queries about your child once you get home, or you notice any signs of infection or bleeding, please contact us on the telephone numbers below.

John Radcliffe Hospital Switchboard:

Tel: 0300 304 77 77

Children's Day Care Ward:

Tel: **01865 234 148** Monday to Friday, 2-4 pm only

Hand and Plastic Injury Clinic, West Wing Tel: 01865 234723 or 01865 234760

The reception staff can be contacted Monday to Sunday, 8am -5pm

A member of the Plastic's team will call you back as soon as possible.

Alternatively, call the Hospital Switchboard and ask for bleep 6341, to speak to one of the Plastic Nurse Specialists during clinic hours.

Outside these hours, if you need urgent advice, please contact your local 'out of hours' service. This may be a GP service, NHS Walkin Centre, NHS 111, a Minor Injury Unit or your local Emergency Department.

Information about urgent and emergency care in England can be found on the NHS Choices website or by calling the NHS 111 helpline (dial 111 for free from any landline or mobile). Page 7

Further information

You may find further information on the following websites:

The NHS Website

www.nhs.uk

Suggested books and websites to help prepare your child for their visit to hospital.

www.ouh.nhs.uk/children

Please bring this leaflet with you on the day of your child's admission.

We hope that this information is useful to you and would welcome any comments about the care or information you have received.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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