

Nurse Led Follow Up for patients with Myeloid Disorders

Information for patients



Your Haematology Team, which consists of your specialist doctors and advanced nurse practitioner, would like to offer you a support service.

We aim to provide a service which enhances your care and is responsive to your needs.

Our service offers support which could help you to avoid a visit to the hospital. It means that you will be assessed fully by the Advanced Nurse Practitioner (ANP) for Myeloid Disorders who has expertise in Haematology.

Your advanced nurse practitioner (ANP) will assess your symptoms and be able to give you the psychological and social support you and/or your carer may need. This assessment will be carried out either by telephone or in the clinic. This does not mean that your hospital visits will have to stop. For example, you may wish to see your specialist doctor and ANP at every other visit. You can, of course, continue to have all your follow up appointments with your specialist.

Your specialist doctors and your ANP work closely together, which means there will be a rapid response if you need any help. If you have any problems the ANP will be able to contact your specialist doctors for advice. If necessary an urgent appointment can be made for you.

Your ANP will work with your GP or other people involved in your care if required.

Why are we offering you this service?

- To reduce your visits to the hospital.
- To allow a full assessment of your condition.
- So you can keep in contact with the ANP who will provide continuing support to you and/or your carer(s) for any aspect of your cancer care.
- To keep a swift access to your specialists.

What happens now?

You will be sent an appointment time for your initial assessment.

My circumstances at home have changed. How can you support my carer/family?

We can help with the many changes in your home circumstances which might happen because of your disease. We have access to charities, voluntary organisations, community nursing teams, and social services and can contact them at short notice.

We can also help with support for your carers, whether it is for advice, guidance or simply to listen. We can discuss your condition with your carer if you give us permission to do so and we can also offer your carer practical solutions to problems within your home.

I have just had a test and have seen my consultant but don't understand the results – can I contact you for further information?

Yes, you can contact your advanced nurse practitioner to discuss the results of any test or investigations. If you need to discuss the results with your specialist doctor we can arrange an appointment.

Who do I contact if I am worried or unwell?

Please contact:

Kirsty Crozier *Advanced Nurse Practitioner for Myeloid Disorders*

Tel: **(01865) 235 287**

In the case of an emergency please contact:

The Triage Team

Monday - Friday 8am - 8pm

Saturday and Sunday 8am - 6pm

Tel: **(01865) 572 192**

OR

Clinical Haematology Ward *24hours*

(01865) 235 048

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@ouh.nhs.uk**

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