

Getting ready for your operation at the Churchill Hospital

Information for patients



Welcome to the Day Surgery Unit

You are being admitted for surgery on the **same day as your operation**. All urology patients are admitted through the Day Surgery Unit regardless of the planned length of stay.

How to find the Day Surgery Unit

The Day Surgery Unit is on Main Street in the original Churchill Hospital building. Please aim to park in Car Park 1 or 2 and enter the hospital through the main entrance. Take the stairs to Level 1 and walk along the link corridor. The Day Surgery Unit is on the right after the League of Friends café.

If you need a wheelchair, please ask at the reception / porters' desk by the main entrance.

Please arrive on time. It is very important to arrive at the time you have been given. Space is limited and if you arrive too early you may be in the way for earlier patients. If you arrive too late, we may have to cancel your admission.

Before your admission

Eating and drinking instructions

- **If you are being admitted at 7.30am:** please drink a glass of water at 6.00am. Do not have anything to eat, chew gum, suck boiled sweets or have any drink with milk in it after midnight.
- **If you are being admitted at 11.00am or 12 noon:** you may have a cup of tea and a slice of toast at 6.00am if you want to. Please do not have anything more to eat, chew gum, suck boiled sweets or have any drink with milk in it after this. You may drink water up to 10.00am.

Escorts

You may only bring one escort with you, as there is limited space. The area is not suitable for children.

Your escort will be given a telephone number with a time to call to find out which ward you have gone to after your operation. This information is not always available when you arrive because the discharges from the wards may not all have been agreed.

Your escort should take home all non-essential items. Please do not bring valuables or large amounts of money as we cannot guarantee their safe keeping. Your night clothes and toiletries are stored in the Day Surgery Unit until you leave theatre, when they will be collected and brought with you to the ward.

Medication

If you normally take medications or use inhalers, generally they should be taken as usual. However, please check this with the nurse at your pre-operative assessment visit. **Please also see the important instructions below for patients taking certain medications.**

Before you come into hospital you may wish to purchase Paracetamol and Ibuprofen to use for pain relief after your surgery.

Bring all your medications with you in the original containers, in the green bag given to you at your pre-operative assessment visit.

Important instructions for patients taking aspirin-type medication, Warfarin, a contraceptive pill or hormone replacement therapy

- **If you are taking Aspirin, Clopidogrel or Dipyramidole AND you are having one of the following operations:**

- Prostate surgery
- Removal of bladder tumour
- Keyhole surgery for removal of kidney stone (PCNL)
- Removal of bladder (Cystectomy)

you should stop taking the Aspirin, Clopidogrel or Dipyramidole 10 days before surgery to reduce the risk of bleeding during or after surgery. If you have recently had a cardiac stent fitted you may still need to continue these drugs. Please ask for advice at your pre-assessment appointment.

- **If you are taking Warfarin** you may need to stop this before surgery. We will discuss this with you at your pre-assessment appointment.
- **If you are taking a contraceptive pill containing oestrogen** and you are coming for major surgery, you should stop taking it four weeks before surgery. This is to reduce the risk of developing a blood clot in the leg (deep vein thrombosis / DVT), or lung (pulmonary embolus / PE). You should use alternative contraceptive methods if needed.

Please complete this questionnaire and bring it with you when you come for your pre-assessment clinic appointment.

If you are not sure how to answer any of the questions, please leave them blank and you can discuss them with the nurse during your clinic visit.

First name

Last name

How old are you?

Do you work? Yes No

What is, or was, your main occupation?

Past medical history

Do you suffer from, or have you ever suffered from:

Heart disease or heart murmur or palpitation Yes No

Rheumatic fever Yes No

Higher blood pressure Yes No

Chest pains or angina Yes No

Blood clot (deep vein thrombosis or pulmonary embolism) Yes No

Iron deficiency anaemia or sickle cell anaemia Yes No

Stroke Yes No

Asthma or hayfever Yes No

Chronic cough or bronchitis or emphysema Yes No

Tuberculosis (TB) Yes No

Breathlessness on climbing a flight of stairs Yes No

- Diabetes Yes No
- Epilepsy or fits or blackouts Yes No
- Jaundice Yes No
- Heartburn Yes No
- Arthritis or joint problems Yes No
- Any other diseases or conditions Yes No

* Please list other diseases or conditions:

.....

.....

.....

Please list any previous operations with dates:

.....

.....

.....

Have you or your family had any problems with anaesthetics in the past? If yes, give details:

.....

.....

Have you ever smoked? Yes No

If yes, for how long?

If you stopped smoking, how long ago did you stop?

What did you smoke?

How many per day?

Do you drink alcohol?

Yes No

If **Yes**:

How many pints per week?

How many shorts (spirits) per week?

How many glasses of wine per week?

Medications

What tablets, inhalers or medicines do you take or use? Please list below (including complimentary medicines and recreational drugs). Please include medicines that you take occasionally and any that you may have taken recently – such as antibiotics.

.....

.....

.....

.....

.....

.....

.....

.....

.....

Please bring your medicines with you when you are admitted to hospital.

Are you allergic to any drugs or dressings? Please give details:

.....

.....

.....

.....

Please tick the box if you are taking any of the following drugs or medicines:

- Warfarin
- Aspirin
- Clopidogrel
- Dipyridomole
- Hormone Replacement (HRT)
- Contraceptive Pill

Your stay in hospital

Please outline below what you understand about your admission to hospital and your treatment:

.....

.....

.....

If there is any other information that you would like to give us, or anything else you would like to discuss with us, please give details below:

.....

.....

.....

Patient's name (PLEASE PRINT)

Date

Thank you for completing this questionnaire

- **If you are taking hormone replacement therapy (HRT) containing oestrogen** and you are coming for major surgery, you should stop taking it four weeks before surgery to reduce the risk of developing a blood clot in the leg (DVT) or lung (PE).

If you have any questions, you will be able to discuss them with the nurse at your pre-assessment appointment.

If you need to speak to someone before then, please telephone 01865 235 680 to speak to a Nurse Practitioner.

What to bring with you

- All your medications (as above)
- Dressing gown and slippers: you will need these when you walk to theatre. A wheelchair is available for those people who cannot walk.

What happens when you arrive

When you arrive a member of staff will confirm your personal details and will complete a theatre checklist.

When it's time, you will be shown to a cubicle to change into your theatre gown. One of the staff will help you if you necessary.

A member of staff will escort you to the Anaesthetic Room.

If you have to wait for any length of time, there is a television and some magazines. You may wish to bring a newspaper or book to read while you are waiting.

Ward contact numbers and visiting hours

If you are going to stay in hospital, you are likely to be on the Urology Ward after your operation.

Ward telephone: **01865 572 332 / 572 333**

Visiting hours on Urology Ward are **1.00pm - 8.00pm daily**.

Questions or concerns

The information provided in this leaflet is a guide to your hospital admission.

If you need to speak to someone before then, please telephone:

01865 235 680

Monday to Friday 8.00am - 4.00pm

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALSJR@ouh.nhs.uk**

April 2016
Review: April 2019
Oxford University Hospitals NHS Foundation Trust
Oxford OX3 9DU
www.ouh.nhs.uk/information

