

Gynaecology Day Surgery, Women's Centre

Discharge information after Fenton's Procedure

Information for patients



This procedure is performed to remove scar tissue or an area of constriction around the perineum and entrance to the vagina. The area is re-shaped by trimming and stitching the affected area under general anaesthetic.

After your surgery

- You may have a bath or shower after 24 hours. You may bath or shower as normal after that.
- You may experience some mild to moderate pain. This can be relieved by taking painkillers. You may be given painkillers on discharge – if so, please take these as prescribed. Otherwise you may take paracetamol or other similar pain relieving medication.
- You may experience some bleeding after your operation. To reduce the risk of infection, please use sanitary towels or panty liners, not tampons, until your next period.
- Please avoid sexual intercourse for 2 weeks to allow healing to take place.
- it is quite normal for the operation site to feel sensitive, and bruising to be present.

Stitches

Follow up

Special instructions

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Contact your GP if:

- the area becomes increasingly red, hot and/or produces a discharge – you may have an infection present
- have any vaginal bleeding that increases to more than what you would consider to be a heavy period
- the area becomes abnormally swollen or bruised
- you have severe pain.

If you need any further advice, please contact:

Gynaecology Day Surgery Unit

Tel: **01865 222014** (Monday-Friday, 9am-6pm)

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call **01865 221473** or email **PALSJR@orh.nhs.uk**

Sister Joyce Kelly
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Oxford Radcliffe Hospitals NHS Trust
Oxford OX3 9DU
www.oxfordradcliffe.nhs.uk/patientinformation