

Where to go for help and support

Organisations that may be useful sources
of support for people affected by HIV



HIV-Related Support:

THT Oxford

Help, counselling and support around HIV.

Phone: 01865 243 389

Email: info.oxford@tht.org.uk

THT Direct

Support, advice and information about HIV direct by phone, email, face-to-face or letter.

www.tht.org.uk

Phone: 0845 1221 200

Email: info@tht.org.uk

Terrence Higgins Trust, 314-320 Gray's Inn Road,
London, WC1X 8DP

Community Support Team

Provide support for people living with HIV in the Oxford area.

Phone: 01865 265 070

Ask for Sue Yeadon or Carey Lewis

The Eddie Surman Trust

Free helpline for anyone worried about any aspect of HIV or AIDS, called Positiveline.

www.eddiesurmantrust.org.uk

Phone: 0800 169 6806

Email: eddiesurmantrust@hotmail.com

Body and Soul

Support and advice for children, teenagers, women and heterosexual men affected by HIV.

www.bodyandsoulcharity.org

Phone: 020 7923 6880

Email: info@bodyandsoulcharity.org

Positively Women

Support for women living with HIV.

www.positivelywomen.org.uk

Phone: 020 7713 0222

Email: info@positivelywomen.org.uk

i-base

Advice and information about HIV treatment by phone, online and in information booklets.

www.i-base.info

Phone: 0808 800 6013

Email: info@i-base.org.uk

HIV-Related Support (African/ Asian/ Latin American ethnicities):

African AIDS Helpline

Help and advice on HIV/AIDS and sexual health for African communities.

www.africaninengland.org.uk

Phone: 0800 0967 500

NAZ Project London

Charity addressing sexual health and HIV/AIDS needs of Asians, Muslims, Horn of Africans, Portuguese and Spanish speakers.

www.naz.org.uk

Phone: 020 8741 1879

Email: npl@naz.org.uk

SHAKA

Advocacy and support for members of African, African Caribbean and Asian communities affected by HIV/AIDS.

www.shakaservices.org.uk

Phone: 020 7735 6744

Email: info@shakaservices.org.uk

Emotional Support:

Samaritans

Confidential, non-judgemental, emotional support for those in distress or despair.

www.samaritans.org.uk

Phone: 08457 90 90 90

Email: jo@samaritans.org

Chris, P.O. Box 9090, Stirling, FK8 2SA

Samaritans Oxford

Confidential, non-judgemental, emotional support for those in distress or despair, face-to-face or by phone.

Phone: 01865 722 122

60 Magdalen Road, Oxford, OX4 1RB

ISIS Counselling Centre

NHS counselling for anyone who is distressed by personal or emotional problems. There is a waiting list.

Phone: 01865 556 648

Mind

Information on mental distress. They are able to provide details of help and support for people in their own area.

www.mind.org.uk

Phone: 0845 766 0163

Email: info@mind.org.uk

Mindinfo, PO Box 277, Manchester, M60 3XN

Immigration/ Housing:

Asylum Welcome

Free, confidential information, help and guidance for refugees, asylum seekers and immigration detainees in Oxford

www.asylum-welcome.org

Phone: 01865 722 082

Email: office@asylum-welcome.supanet.com

Asylum Welcome, 276a Cowley Road, Oxford OX4 1UR

Shelter

Practical support and information about housing including homelessness, eviction, repossession and legal issues.

www.shelter.org.uk

Phone: 0808 800 4444

Email: info@shelter.org.uk

Shelter, 88 Old Street, London, EC1V 9HU

Refugee Resource

Provide practical, social and psychological support to refugees and asylum seekers - mainly in Oxfordshire.

www.refugeeresouce.org

Phone: 01865 403 280

Email: info@refugeeresource.org

The Old Music Hall, 106-108 Cowley Road, Oxford,
OX4 1JE

Drug and alcohol addiction:

Mainliners

Charity supporting people affected by drug use and blood borne viruses. Provide information about HIV, Hepatitis B+C and substance misuse.

www.mainliners.org.uk

Phone: 0207 022 1890

Email: admin@mainliners.org.uk

Drug and Alcohol Treatment Oxfordshire

Providing drug and alcohol treatment and support services for young people, adults, families and carers throughout Oxfordshire.

www.oxfordshiredaat.org

Phone: 01865 290 800

Email: reception@oxfordshiredaat.org

Lesbian/ Gay/ Bisexual/ Transgender:

Oxford Friend

Confidential information, support and counselling services for lesbians, gay men, bisexuals and transgender people.

www.oxfordfriend.co.uk

Phone: 01865 726893

Email: confidential@oxfordfriend.co.uk

Oxford Friend, P.O. Box 137, East Oxford DO,
Oxford, OX4 2WL

Friends Together

Gay, Lesbian & Bi-sexual social group. Meet in Bedford, Milton Keynes and surrounding area.

www.friendstogether.com

Email: andrewfriendstogether@hotmail.com

Safra Project

Project working on issues relating to lesbian, bisexual and/or transgender women who identify as Muslim.

www.safraproject.org

Email: info@safraproject.org

Imaan

Supports lesbian, gay, bi-sexual and transgender Muslim people, their families and friends.

www.imaan.org.uk

Email: info@imaan.org.uk

Gay Men Fighting AIDS (GMFA)

Gay men's health charity with a wide range of health promotion.

www.gmfa.org.uk

Vive la Différence

Website offering advice to gay or bisexual men in a relationship where one person has HIV and the other doesn't.

<http://together.chapsonline.org.uk>

General advice and support:

Citizens Advice Bureau

Free, independent advice on a range of issues such as housing, benefits, discrimination and immigration.

www.citizensadvice.org.uk

Phone: 0844 573 0608

95 St Aldates, Oxford, OX1 1DA

Debt:

National Debtline

Provide free, confidential and independent advice on how to deal with debt problems.

www.nationaldebtline.co.uk

Phone: 0808 808 4000

Tricorn House, 51 - 53 Hagley Road, Edgbaston,
Birmingham, B16 8TP

Internet resources for further information:

NAM

www.aidsmap.com

Leaflets and fact sheets

AVERT

www.avert.org
statistics

Information, e.g. prevention and

National AIDS Trust

www.nat.org

Information and resources

Positive Nation

www.positivenation.co.uk

UK's sexual health and HIV magazine

If you need an interpreter or need a document in another language, large print, Braille or audio version, please call

01865 221473 or email **PALSJR@orh.nhs.uk**

Jen Fearnley, Sexual Health Adviser
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Oxford Radcliffe Hospitals NHS Trust
Oxford OX3 9DU
www.oxfordradcliffe.nhs.uk