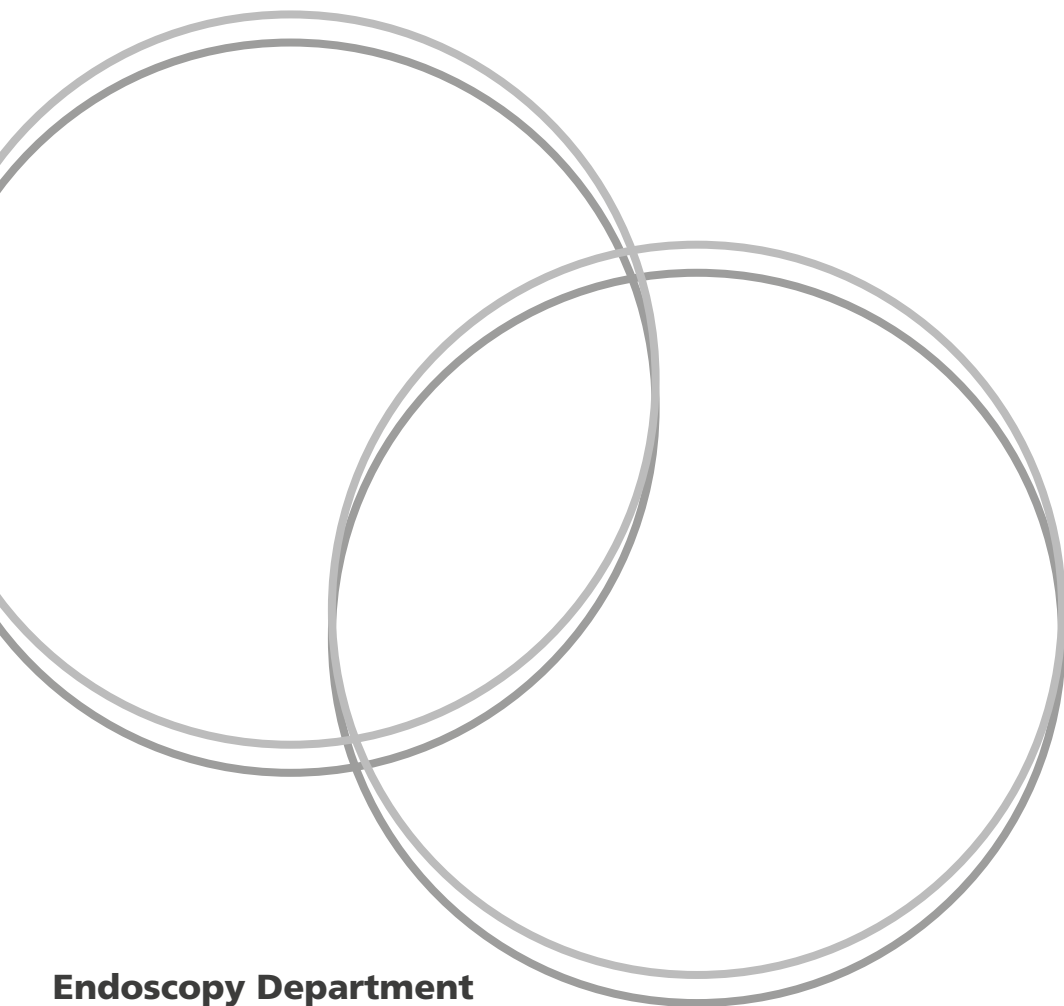


# Discharge Advice After Your Endoscopic Ultrasound (EUS)

Information for patients





## **After your EUS**

The sedation you have been given makes you sleepy and can cause forgetfulness and lack of concentration for up to 24 hours. You should go home and rest today.

### **You must be collected and accompanied home.**

If you have had sedation and live alone, we recommend that you try to arrange for someone to stay with you overnight.

For 24 hours after the sedation you must not:

- drive
- drink alcohol
- operate heavy machinery
- sign any legal documents.

Most people feel normal after 24 hours.

## After effects

You may have a sore throat for about 1 to 3 days due to the endoscope going down your throat. This is quite normal.

**If you have sever pain in your neck, chest or abdomen, unexplained fever (high temperature) or problems breathing, you should contact us on the Urgent Advise Line.**

Telephone: **03003 047 777**, and state you want to speak to the operator. During the hours of 8am to 6pm, Monday to Saturday ask for bleep 6825. Out of these hours and on bank holidays ask the operator to bleep the oncall Gastro-registra.

## Eating and drinking

Unless you are given specific instructions by your doctor, you can eat and drink straight after your procedure. You can also continue taking your usual medication unless you have been given specific instruction by the endoscopist.

## **What happens next?**

The EUS report will have already been sent to your GP electronically. You should be given a paper copy of the report before you go home.

## **Your results**

If we have collected a sample of fluid or taken any biopsies, the result will be sent to the Consultant who requested the test.

The Consultant will then contact you or write to you and your GP to tell you the result of the biopsy. If you are having any other tests, your Consultant may need to wait for all the results before they write to you and your GP. This may not be until after you have returned for a further outpatient appointment. The endoscopy department does not receive any biopsy results

You have been given a copy your report with initial findings and if further follow up is required you will be contacted by the relevant department.

## How to contact us

For any other non-urgent matters, please contact the John Radcliffe endoscopy department on: **01865 221 456**.

## Let us know your views and experience in the Endoscopy Department

You can comment by visiting:

**[ouh.nhs.uk/fft](https://ouh.nhs.uk/fft)**

Or you can email John Radcliffe:

**[endoscopy@ouh.nhs.uk](mailto:endoscopy@ouh.nhs.uk)**

Or write to:

Endoscopy Sister

Endoscopy Department

Level 2

John Radcliffe Hospital

Headley Way

Oxford OX3 9DU



## Further Information

Please speak to the department where you are being seen if you would like an interpreter. You will find their contact details on your appointment letter. Please also ask them if you would like this information leaflet in another format, such as:

- easy read
- large print
- braille
- audio
- electronically
- in another language.

We have tried to make this information meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They will be happy to help.

Author: Endoscopy Team  
April 2024  
Review: April 2027  
Oxford University Hospitals NHS Foundation Trust  
[www.ouh.nhs.uk/information](http://www.ouh.nhs.uk/information)



*Making a difference across our hospitals*

[charity@ouh.nhs.uk](mailto:charity@ouh.nhs.uk) | 01865 743 444 | [hospitalcharity.co.uk](http://hospitalcharity.co.uk)

OXFORD HOSPITALS CHARITY (REGISTERED CHARITY NUMBER 1175809)

