

No smoking!



Smoking is not allowed in the hospital, near the door, or in the car park.

In hospital, we want to make sick people get better.

If you smoke you might not get better.



If people breathe in your smoke, they might not get better.



If you stop smoking, you will feel better too.



We can help you to stop smoking.

If you are in hospital, ask a nurse or doctor for help.



You can ask a Pharmacist for help.

You can call this telephone number.

Stop Smoking Helpline: **0800 169 0 169**

