

Student Placement information

F Ward – Trauma, Horton General Hospital

Welcome to F Ward

Here on F Ward we have a cross section of Trauma patients with injuries sustained from falls, road traffic accidents, sports and domestic accidents.

Contacting the placement

Please contact Louise Garrett, Ward Sister, a couple of weeks prior to your placement commencing, on 01295 229196 or the email below.

Key members of staff

Ward Sister - Louise Garrett louise.garrett@ouh.nhs.uk

Practice Development Nurse - Gideon Salosa gideon.salosa@ouh.nhs.uk

Information about your placement

F Ward is the Trauma ward at the Horton General Hospital in Banbury. We are part of the Oxford Trauma Unit. Many of our patients are elderly and have sustained fragility fractures, most commonly hip fractures. It is well recognised that these patients have complex medical needs so in 2011 a Consultant Ortho-geriatrician was appointed in order to ensure that all elements of best practice were achieved for this vulnerable patient population. Best practice also includes aspects of nursing practice. F Ward has been ranked in the top five (out of 175 hospitals) for the past seven consecutive years in the National Hip Fracture Report. This is a demonstration of the high standard of care received by patients, and for which staff should be justly proud.

Key learning opportunities in the area

- All basic nursing care for competencies can be met on this ward
- Nursing pre and post-operative patients – follow the patient on their journey from pre-op to theatre and recovery and back to the ward
- Nursing patients with medical/trauma conditions
- Looking after patients with various stages of dementia
- A more specialised treatment of fractures to include traction/splints/thoracic braces/collar care and the internal fixation of fractures

Spoke placements

- Theatre
- Plaster room
- Occupational therapy
- Physiotherapy
- Speech and language therapy
- Discharge liaison nurse

Typical shift patterns

- Early: 07:00 - 14:30 (half hour break)
- Late: 13:30 - 21:30 (half hour break)
- Long Day: 07:00 - 21:30 (two half hour breaks)
- Night: 21:00 - 07:30 (one hour break)

Therapy student information

Occupational Therapy

- Carry out initial assessments – client-centred approach
- Assess activities of daily living
 - Wash and dress
 - Kitchen assessments
 - Transfers: bed – chair – toilet
- Assess for equipment essential for discharge
- Assess cognition
- Encourage patients to get dressed in day clothes
- Liaise with family members
- Facilitate safe discharges along with MDT

Physiotherapy

- New patient assessment and start of rehabilitation process
- Use of walking aids
- Weight bearing restrictions and techniques
- Day to day ward and gym based rehabilitation
- Discharge planning

Local education programmes in the area

- Ward-based teaching sessions by Clinical Practice Educators
- Ad hoc external Health Care Product Reps teaching sessions
- Continual teaching combined with practical skills

Useful reading for the placement

- www.nhfd.co.uk
- www.dementia.org
- A&P of bones, muscles and ligaments