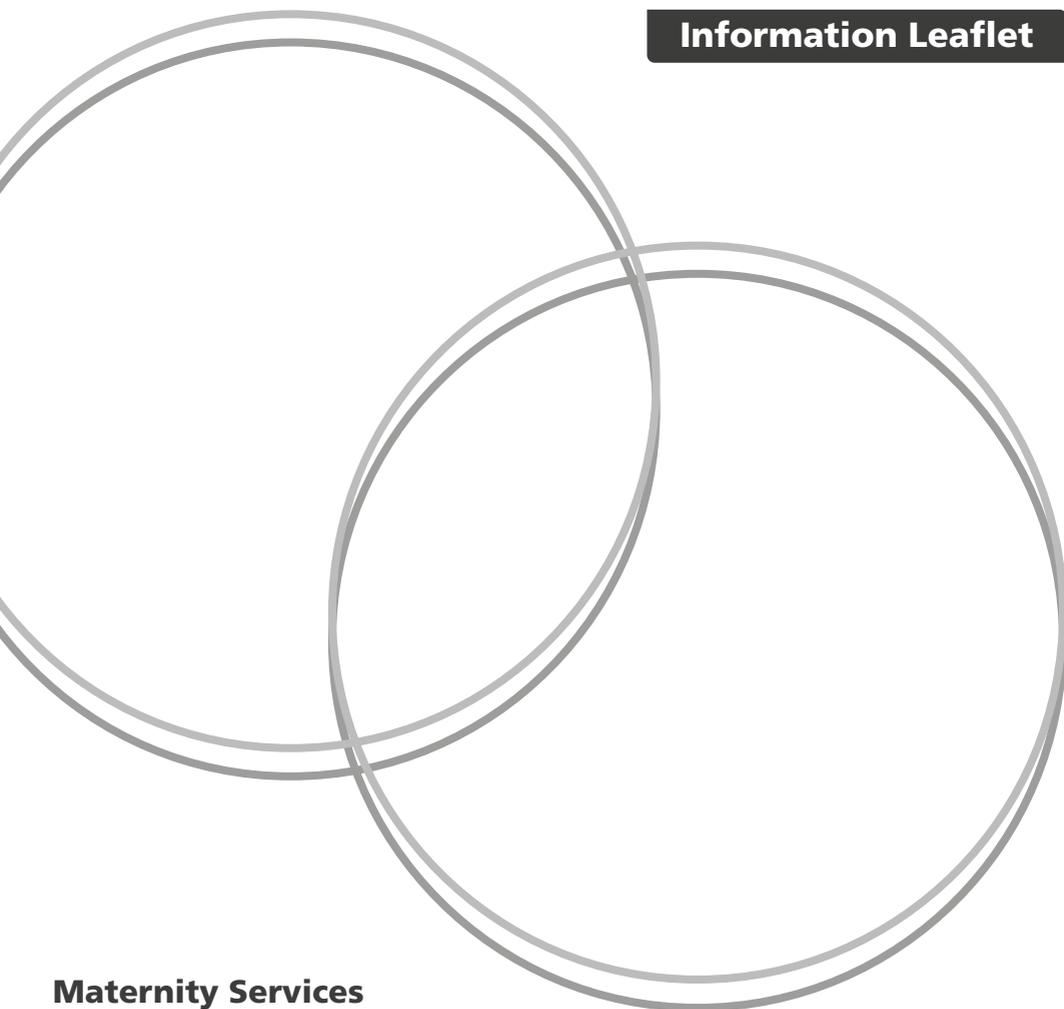


# When a Scan Shows a Nuchal Translucency (NT) Measurement of 3.5 Millimeters or More

**Information Leaflet**



What is nuchal translucency (NT)? Every unborn baby has some fluid under the skin at the back of their neck. This fluid is called nuchal translucency (also called NT). If the width of the nuchal translucency is 3.5 millimetres (mm) or more, it may be an indication that there is a problem. These problems could include a higher chance of miscarriage or of the baby having a heart abnormality and/or chromosome abnormality (such as Down's, Edward's or Patau's syndromes).

## **What happens next?**

The chance of the baby being affected by Down's, Edward's or Patau's syndromes is calculated using the nuchal translucency scan information and your blood test results. This is known as the Combined Test. Your healthcare professional will show you where you can find out more information about the combined test.

Within 3 to 5 working days, you will be contacted by telephone with the results. You will also be offered an appointment in the Fetal Medicine Unit for further tests and scans to find out more specific details about your baby's chromosomes.

Although this can be a worrying time, it is important to remember that many babies who have an NT measurement of 3.5mm or more do not have any issues. An increased NT does not always mean there is definitely a problem.

## **Where can I get more information?**

If you have any questions while you are waiting for your appointment, please visit the following websites or contact one of the numbers below.

### **Gov.uk**

Website: [www.gov.uk/government/collections/screening-in-pregnancy-information-leaflets](http://www.gov.uk/government/collections/screening-in-pregnancy-information-leaflets)

### **Fetal Medicine Midwives**

Telephone: 01865 221 716

### **Screening Coordinator**

Telephone: 01865 221 087

(An answerphone message service is available, if you are calling outside office hours)

## Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

[www.ouh.nhs.uk/information](http://www.ouh.nhs.uk/information)

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