

Falling in Hospital



You are at risk of falling in Hospital.
We want to keep you safe.



Please wear sensible shoes, slippers,
or grip socks. You may be asked to
wear yellow grip socks.



We are here to help. Please use the
call bell if you need help to walk or
move about.



Wear your glasses and hearing aid.



Use your walking frame or stick
when moving about.



Please tell the nurse if you are worried about walking or falling.



Be careful when you stand up and please do not rush.



Do not use the hospital furniture to help you walk.



Please tell a doctor or a nurse if you feel dizzy when you stand.



Please keep curtains open to help us see you.



Scan the QR Code for Easy Read Leaflets.