

Pastoral and Spiritual Care for Patients, Visitors and Staff

Our Chaplaincy Team



Need to talk?

Coming into hospital for any reason, or visiting somebody who is in pain or distress, can be an unsettling experience. Questions, fears and anxieties can affect your wellbeing and ability to adjust to the demands of illness and treatment.

We have time to listen

Chaplains are integral members of the healthcare team employed to care for the pastoral, spiritual and religious needs of the whole hospital community. Our team is comprised of representatives from Christian (including Anglican, Roman Catholic and Free Church) and Muslim faiths. We also have volunteer representatives from a wide range of faith and non-faith traditions.

We offer confidential, professional support and pastoral counselling in a friendly and unhurried manner.

Chaplains are available Monday to Friday, 8am to 4pm, and provide a 24 hour on-call service to respond to urgent or emergency calls.

Although we regularly visit the wards, we may miss you, or you may be busy when we call in. Please ask your nurse if you would like us to call again.

Quiet spaces

Spaces for prayer, worship or quiet reflection are available on all our hospital and hospice sites.

John Radcliffe Hospital

- Chapel/prayer room, main corridor, Level 2.
- Smaller prayer space, LG2, West Wing.

Churchill Hospital

- Quiet space opposite WH Smith, ground floor main corridor.
- Chapel/prayer room close to Car Park 4, can be accessed via old main entrance.

Sobell House Hospice

- Chapel/prayer room on the main inpatient ward corridor.

Nuffield Orthopaedic Centre

- The Sanctuary: a prayer space on the first floor.

Horton General Hospital

- Chapel/prayer room on the main corridor.

Katharine House Hospice

- Chapel/prayer room off the main corridor.

All prayer spaces are kept open 24 hours a day. Resources are available for everyone and those from different faith backgrounds and traditions, including prayer mats and a selection of spiritual reading.

We're here for everyone

Spiritual care helps us to draw upon things that we find comfort and strength in. These include: our core beliefs and values, important roles and relationships, achievements and gifts, and all that centres and sustains us.

A supportive conversation can help us to tell our own stories, name and express our emotions, weigh up decisions, set appropriate goals, live within uncertainty, nurture hope and feel less alone. In some situations the use of ritual (words or symbolic actions that convey blessing, hold loss or mark change) can also be helpful and meaningful.

We provide...

- a listening ear
- a friendly face
- emotional support
- a caring and non-judgmental approach
- contact with faith and non-faith communities as needed
- help to explore feelings and to ask 'big' questions
- support in personal faith issues
- support in exploring spirituality
- prayer for those who seek it or find comfort from it
- communion /mass or anointing at the bedside on request
- advice on cultural and religious issues and concerns related to all aspects of hospital care
- teaching and support for staff teams.

Chaplaincy Team

we're here for everyone

Please ask a member of staff if you wish to see a Chaplain during your stay or visit.

- Telephone: **01865 857 921** (non-urgent messages and referrals)
- Email: **chaplaincy@ouh.nhs.uk**
- If you need to contact a Chaplain urgently, or outside of normal office hours, please call the hospital switchboard and ask for the on-call Chaplain.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

www.ouh.nhs.uk/information



Making a difference across our hospitals

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OXFORD HOSPITALS CHARITY (REGISTERED CHARITY NUMBER 1175809)

