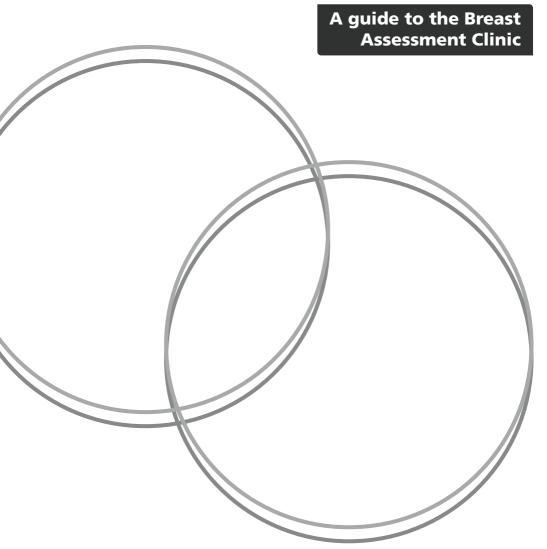


# Breast Screening: All about assessment



**Oxford Breast Imaging Centre** 

You have been asked to come to a Breast Assessment Clinic, following your visit to the screening unit. This is the second part of the screening process; it does not necessarily mean there is anything wrong. The majority of women who are called back are found to have normal breasts. If you would like to bring someone to the clinic with you, please feel free to do so.

# Before coming to your appointment

On the day of your appointment, it is important that you do not use a spray deodorant or talcum powder as this may show up on your mammogram. You can use roll-on deodorant.

## When you arrive at the clinic

Please report to the receptionist, who will ask you to wait in the waiting room. A member of staff will collect you from the waiting room and will explain the reason for your appointment. You should expect to be in the assessment clinic between 2-4 hours.

You will be seen by a doctor and have a breast examination. You may also need further tests. A breast care nurse is available in the clinic, should you wish to discuss anything further. A breast care nurse is a senior nurse who can provide advice and information on all aspects of breast care. They also offer support during diagnosis and treatment.

## **Further tests**

**Mammogram** – You may need to have additional x-ray images taken during this visit.

**Ultrasound** – This is another method of examining your breasts. It uses the same technique as that used for scanning pregnant women.

**Biopsy** – A sample of your breast tissue may be taken to be sent for analysis.

Please ask if there is anything that you do not understand or would like to discuss further.

### **Results**

The majority of women who come to an assessment clinic are found to have normal breasts and will receive their results at the assessment appointment. If this is the case for you, you will be referred back to the routine screening programme and invited for routine screening every 3 years up until your 71st birthday.

If you are over 71 you can call the Oxford Breast Imaging Centre to book a three-yearly screening appointment.

If you have a biopsy, your results will take about a week. A results appointment will be given to you at the time of the assessment. If the tests you have had show that you need further investigation or treatment, the team will discuss options for any further care.

#### How to contact us

If you have any further questions, please contact us at the Oxford Breast Imaging Centre or speak to your GP.

#### **Oxford Breast Imaging Centre**

Surgery and Diagnostics Centre Churchill Hospital Old Road Headington Oxford OX3 7LE

Tel: 01865 235 624

Email: oxfordbreast.screening@ouh.nhs.uk

#### How to find us:

www.ouh.nhs.uk/hospitals/churchill/find-us/



#### **Further information**

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

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