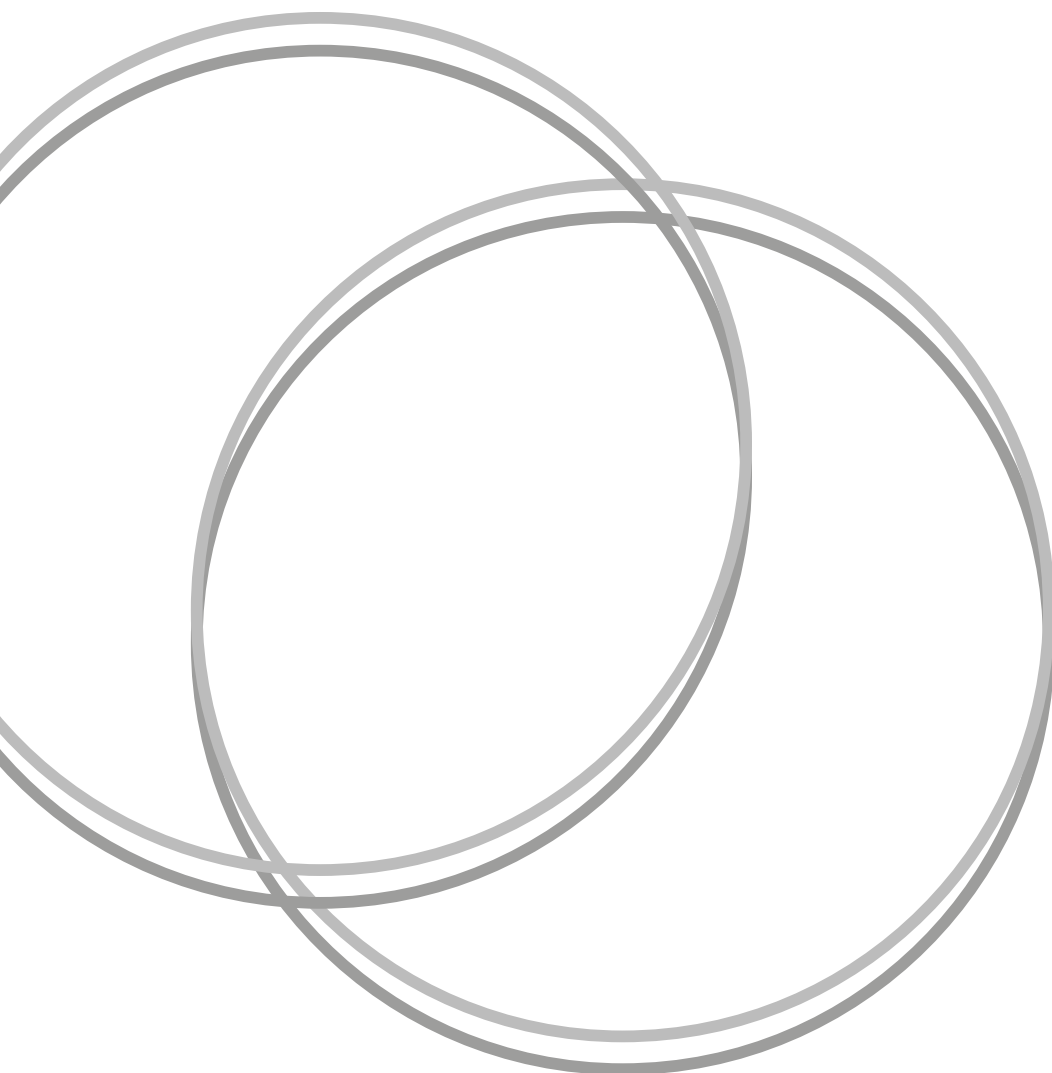




**Oxford University Hospitals**  
NHS Foundation Trust

# **Glaucoma**

**Information for patients**



This booklet provides essential information about your glaucoma care.

## Prescription and medication

- The aim of medication is to lower your eye (intra ocular) pressure & prevent further deterioration of glaucoma

Once you have been prescribed glaucoma eye drops you must continue them unless advised by the Doctor at the Eye Hospital. Collect your prescribed medications from the pharmacy as directed.

- The first supply will last for **1 month**.
- After 1 month, request **repeat prescriptions** from your GP
- **Always read the leaflet that comes with your medication for further details.**

## How to use your eye drops

Please see leaflet "*How to instil eye drops*" which is available in clinic or on the Oxford University Hospital's website.

If you have difficulty instilling eye drops, please contact:

**Eye Clinic Liaison Officer (ECLO)**

Phone: **01865 231137**

Email: **[EyeClinicLiaisonOfficer@ouh.nhs.uk](mailto:EyeClinicLiaisonOfficer@ouh.nhs.uk)**

## Eye drops – side effects

### **Common side effects:**

- mild eye irritation and/or redness/dry eyes
- discomfort
- blurred vision
- changes in the colour of your eye and eye lashes

If you have persistent dry eyes, in the first instance please see your local pharmacist and try (preservative-free) dry eye drops.

### **Serious but rare side effects:**

- worsening of asthma or angina
- irregular heartbeats
- headache
- dizziness
- muscle or joint pain

If you experience any of the serious side effects, please contact:

### **Eye Emergency Triage Line**

Phone: **01865 234567** option 1 (lines open between 8.30am and 4.30pm Monday to Friday and between 8.30am and 3.30pm on weekends and bank holidays).

## **Appointment questions**

For appointment-related queries, contact the **Glaucoma Secretary:**

Phone: **01865234567** option 3 (8 am to 1 pm)

Email: [\*\*Glaucoma@ouh.nhs.uk\*\*](mailto:Glaucoma@ouh.nhs.uk)

## **Post surgery questions**

Please call our advice line, please leave a message with your name and telephone number and a nurse will call you back the same day.

Phone: **01865234567 option 2 then 1** for the post-operative helpline (8am – 4pm) Monday to Friday

More information can be found on the **Glaucoma UK** website: [glaucoma.uk](http://glaucoma.uk)

Phone: **01233648170**

Email: [\*\*helpline@glaucoma.uk\*\*](mailto:helpline@glaucoma.uk)

More medication specific details can be found on the **Electronic Medicines Compendium** website: [www.medicines.org.uk/emc](http://www.medicines.org.uk/emc)

## Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust  
[www.ouh.nhs.uk/information](http://www.ouh.nhs.uk/information)



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