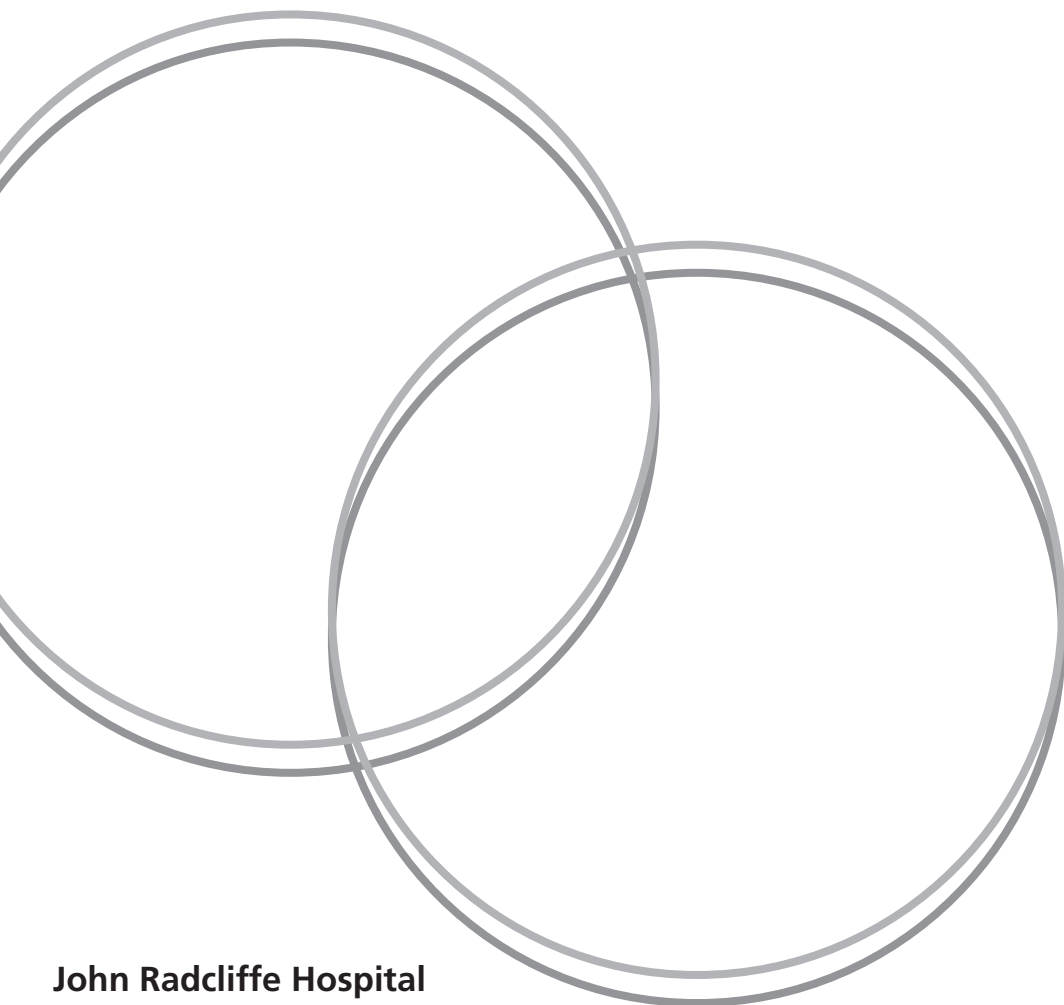




Oxford University Hospitals
NHS Foundation Trust

Welcome to Ward 6A

**Information for
patients and visitors**



John Radcliffe Hospital

Vascular Surgery

On Ward 6A we care for patients with vascular disease. Our patients come to hospital for procedures such as carotid endarterectomy and aneurysm repair. If you would like to know more about your particular condition, treatment or surgery, please ask the Nurse caring for you.

We aim to make your stay as comfortable as possible. If you have any questions or concerns, please speak to a member of the team.

Telephoning the ward

We understand that our patients' families and friends want updates on their wellbeing. Please do not call until after 11.00am unless urgent, as before this time our nurses are busy with patient care.

It is helpful if one person only telephones the ward, and then shares information with others. We cannot always give out information due to patient confidentiality.

Contact details

- 6A Nurses' Station
Tel: **01865 221 804**
- Vascular Outpatient Appointments
Tel: **01865 221 102** option 1
- Vascular Surgery or Pre-op Assessment Date
Tel: **01865 221 102** option 2
- Vascular Secretaries
Tel: **01865 221 102** option 3
- Vascular Lab
Tel: **01865 221 102** option 4

Our team

Our multidisciplinary team (MDT) includes various healthcare professionals who work together to make your hospital experience as smooth as possible.

Even at difficult times we expect our staff to do their best for you, treating you with dignity and respect, and we do **not** expect our staff to be subjected to any form of verbal or physical abuse.

Doctors

Doctors visit Ward 6A for a ward round every morning. This is a good opportunity for you to ask questions.

Nurses

Each day a designated Registered Nurse will care for you. At the start of each shift they will introduce themselves. Whenever possible we aim for continuity of care. There will be one Nurse in Charge of the whole ward at any time.

- Day shift 7.00am - 8.00pm
- Night shift 7.30pm - 7.30am

Our Registered Nurses are supported by Assistant Practitioners, Nursing Associates, Nursing Students and Nursing Assistants.

Other staff

Physiotherapists / Occupational Therapists

Our Physiotherapists and Occupational Therapists will help you with your mobility and preparations to leave hospital.

Podiatrists

If you already receive podiatry care, our Inpatient Podiatry Team will take care of you in hospital: they visit on Mondays and Thursdays.

Pharmacists

Our Pharmacists will discuss your medications on admission, and arrange your medications for when you leave hospital.

Discharge Co-ordinator

Our Discharge Co-ordinator helps patients with planning to leave hospital and will speak to family members if appropriate: they are on the ward Monday to Friday.

Housekeepers

A Housekeeper is available seven days a week: please tell them if you have specific dietary requirements.

Ward Administrators

Our Ward Administrators are based at the Nurses' Station or nearby office and can help with enquiries: they are available Monday to Friday 8.00am - 4.00pm.

Admission to hospital

Please visit **www.ouh.nhs.uk/patient-guide/inpatients** for detailed information.

Please bring your **medications**, and/or a list of what medication you take regularly.

Please do not bring valuable items to hospital, as Oxford University Hospitals NHS Foundation Trust is not responsible for any loss of personal property.

When we admit you, we will ask you some routine questions and take some swabs.

We will check:

- your height and weight
- whether you are at risk of a fall, or have had a fall in the past
- your skin, especially your elbows, ears, heels and sacrum for any pressure damage
- an echocardiogram (ECG) of your heart.

If necessary, we can refer you to specialist nursing teams, such as our Diabetes Team, Dietitians, Pain Team or Tissue Viability Team.

We will also take swabs to test for COVID-19 and MRSA.

Visiting

Visiting rules vary and can change at short notice. Please ask the Nurse in Charge or Ward Sister, and check the Trust's website for the most up-to-date information:

www.ouh.nhs.uk/covid-19/faqs.aspx

Please wear a **face mask at all times** in our hospital buildings.

Please do not visit our hospital if you feel unwell.

Catering

It is important to eat and drink well. Each day, we will give you a menu to complete for the following day. Please tell us if you have specific dietary requirements.

Mealtimes

- Breakfast 7.30am - 8.30am
- Lunch 12.00 noon
- Supper 5.30pm

Hot and cold drinks and biscuits are available all day. We also offer Snack Boxes (a sandwich and a piece of fruit) 24 hours a day and hot 'Lite Bite' meals 7.00am - 2.30am.

Leaving hospital

Please visit **www.ouh.nhs.uk/patient-guide/inpatients** for detailed information.

Early on the day of your discharge from hospital we may ask you to move from your bed space to the Transfer Lounge, where you can wait in comfort for your medication and/or transport.

You will need to arrange your own transport home. However, make sure you speak to ward staff about when your transport should arrive, as often we will need to organise medication etc. Hospital transport is for people who meet **strict medical criteria** only.

We will arrange any follow-up treatment that you need in the community, for example with District Nurses or Podiatrists.

Feedback

Please visit www.ouh.nhs.uk/patient-guide/feedback for detailed information.

We value your feedback. Please complete the **Friends and Family Test** survey – you can request a paper copy, or you may receive a text message if you have shared your mobile telephone number with us.

For help and support, or an issue that needs resolving, **please first speak to a member of the team**. If they are unable to resolve the issue, you may wish to contact our Patient Advice and Liaison Service (PALS):

Tel: **01865 221 473**

Email: **PALS@ouh.nhs.uk**

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

Author: Ward 6A Vascular Surgery

March 2022

Review: March 2025

Oxford University Hospitals NHS Foundation Trust

www.ouh.nhs.uk/information



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