

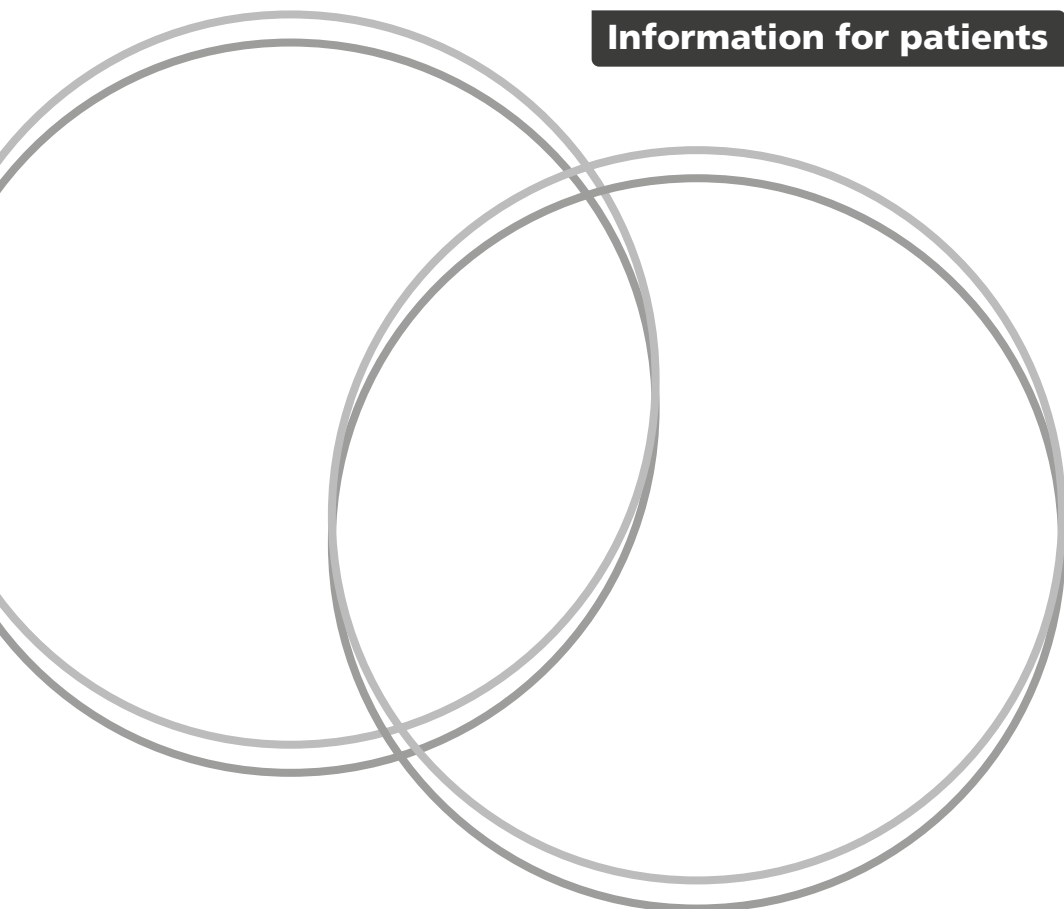


Oxford University Hospitals
NHS Foundation Trust

Health for Me

**Secure access to your
hospital health record**

Information for patients



**A FREE ONLINE SITE that allows you
to view parts of your health record**

What is Health for Me?

Health for Me is a free online system that allows you to view parts of your hospital health record securely on your computer or smartphone.

Access is being offered to patients receiving care at Oxford University Hospitals by selected services.

If you are an eligible patient aged 16 or over, we will offer you access to **Health for Me** when you attend your appointment.

If you choose to have access, we will ask you:

- a few questions to confirm your identity
- to answer a security question (you will need to remember this)
- for your email address, so we can send you an invitation.

When you receive your invitation email, we will ask you to confirm your identity and answer your security question. You will then be able to create a secure login for **Health for Me**.

Once you are registered, you will be directed to the **Health for Me** web page which can also be found by scanning this QR code:



OUH patients who have been registered with **Health for Me** can also access their health records on their iPhone via the Apple Health App.

What can I do on Health for Me?

- View your results
 - Blood results
 - Scan results (diagnostic non-lab)
 - Biopsy results (cellular pathology)
- View the date, time and location of your next appointment
- Download clinical letters from the hospital
(we will send paper copies also unless you opt out of this)
- Receive and respond to messages about your care
- Complete health questionnaires online
- View your recorded allergies and procedures
- Access useful links about your care

N.B. Though your appointments and clinical letters can be viewed here, your appointment letters are viewed through a separate website, drdoctor.co.uk.

Who can access my information

Only you will have access to your information. **Health for Me** is protected by similar security that used with internet banking. You will have your own login details and security questions.

Is my GP record included?

At the moment you can only see information held on our hospital system. Your GP record is on a different system, but we hope to include this in the future. Similarly, results and information held by other hospitals will not be available in **Health for Me** unless they have been added to the OUH record.

Health for Me in the future

We will continue to develop **Health for Me** and introduce features that patients will find useful. Further information can be found on our website: www.ouh.nhs.uk/patient-guide/patient-portal/.

Oxford University Hospitals NHS Foundation Trust

The Trust comprises four hospitals:

- John Radcliffe Hospital (which includes the Children's Hospital, West Wing, Eye Hospital, Heart Centre and Women's Centre), in Oxford
- Churchill Hospital in Oxford
- Nuffield Orthopaedic Centre in Oxford
- Horton General Hospital in Banbury, north Oxfordshire

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information



Making a difference across our hospitals

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