

Student Placement information

Diabetes Specialist Nurses

Welcome to the Adult Diabetes Service. As a team we aim to promote and enable patients' independence in helping them manage their own diabetes. This is done through patient education and supporting them in making their own decisions with regards to diabetes management.

As people's diabetes is individual, and everyone has a different goal and needs, we have an array of knowledge to help them to achieve these. We work in a multi-professional team consisting of Diabetes Specialist Nurses, doctors, dietitians, podiatrists etc.

Please contact the placement as soon as possible. You can contact the team by:

- Email: diabetessupportnurse@ouh.nhs.uk (this is checked daily 08:00 - 16:00)
- Telephone: **01865 257357** Monday to Friday 08:00 - 16:00 – please leave a message after this time.

Information about the placement

We are an adult service so will see people from the age of 18 years old. We do have links with the Paediatric Diabetes Service for those that are transitioning from Young Adults to Adult Services.

Our Inpatient Services are based over four sites:

- John Radcliffe Hospital
Covering all Adult areas, will see more acute presentations of Diabetic Ketoacidosis (DKA) and Hyperosmolar Hyperglycemic State (HHS)
- Churchill Hospital: OCDEM lower floor, DSN office
Get more experience with patients undergoing transplants e.g. kidney / pancreas and patients undergoing pancreatectomies / Whipples and those going through cancer treatment, who are at risk of steroid induced hyperglycemia
- Nuffield Orthopaedic Centre
Links with the Bone Infection Unit (BIU)
- Horton General Hospital
As with JR due to its Emergency Department; also elderly care

We have two Outpatient Departments:

- Churchill Hospital: OCDEM
Review of patients, seeing patients new to diabetes, helping support Podiatry
- Horton General Hospital
Every Friday morning

Key learning opportunities during the placement:

- Communication with people with diabetes and with Medical and Therapy teams
- Detailed record keeping

- Challenging situations – dealing with new diagnosis, acute medical presentation, people in diabetes distress, low mood, poor engagement
- Giving patient-centered care – working with them
- Medicine management – knowledge of diabetes treatment e.g. insulins etc.

Suggested spoke placements

- Bone infection unit
- Podiatry Inpatients / Outpatients
- Diabetes Dietitians
- Community Diabetes Team – patient education programmes ‘Diabetes2gether’ and ‘Diabetes4ward’
- Eyes
- Pump Clinic
- Young Adult Clinic
- Theatres – observing some procedures

Typical shift patterns, days department is open

- Outpatients Monday to Friday 08:00 - 16:00
- Inpatients Monday to Sunday 08:00 - 16:00 (Saturday and Sunday covered by one DSN based at the JR)

Interdisciplinary learning

- Medical Students
- Nursing Students
- Pharmacists
- All welcome

Useful reading for the placement

- [NHS England » Language Matters: Language and diabetes](#)
- [Diabetes UK - Know diabetes. Fight diabetes. | Diabetes UK](#)
- [Trend Diabetes – The heartbeat of diabetes nursing](#)
- [Diabetes overview - NICE Pathways](#)
- [Overview | Continuous subcutaneous insulin infusion for the treatment of diabetes mellitus | Guidance | NICE](#)
- [New EASD-ADA consensus guidelines on managing hyperglycaemia in type 2 diabetes launched at EASD meeting. New recommendations include specific drug classes for some patients and enhancing medication adherence – Diabetologia \(diabetologia-journal.org\)](#)