

Further information

Oxford Children's Rehabilitation Service:
www.ouh.nhs.uk/childrens-rehabilitation

Sing and Say:
www.ouh.nhs.uk/singandsay

The Children's Trust:
www.thechildrenstrust.org.uk/brain-injury-information

Child Brain Injury Trust:
www.childbraininjurytrust.org.uk

The Hospital Psychology team have also created a website, called **Padlet**, with resources to help you and your family during your hospital stay:

For children and young people:



www.padlet.com/CHOXPsychologicalMedicine/chox-resources-for-children-and-young-people-tmuc1b1l4f3xbdy1

For parents and carers:



www.padlet.com/CHOXPsychologicalMedicine/chox-parent-carer-resources-v6z8a55nxsla5itf

Contact us

Email: childrensrehab@ouh.nhs.uk

Telephone: **01865 234 001**
(8.30am to 4.30pm, Monday to Friday)

Occupational Therapist:

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Physiotherapist:

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Speech and Language Therapist:

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Clinical/Neuropsychologist:

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Keyworker within the Neurorehabilitation Team:

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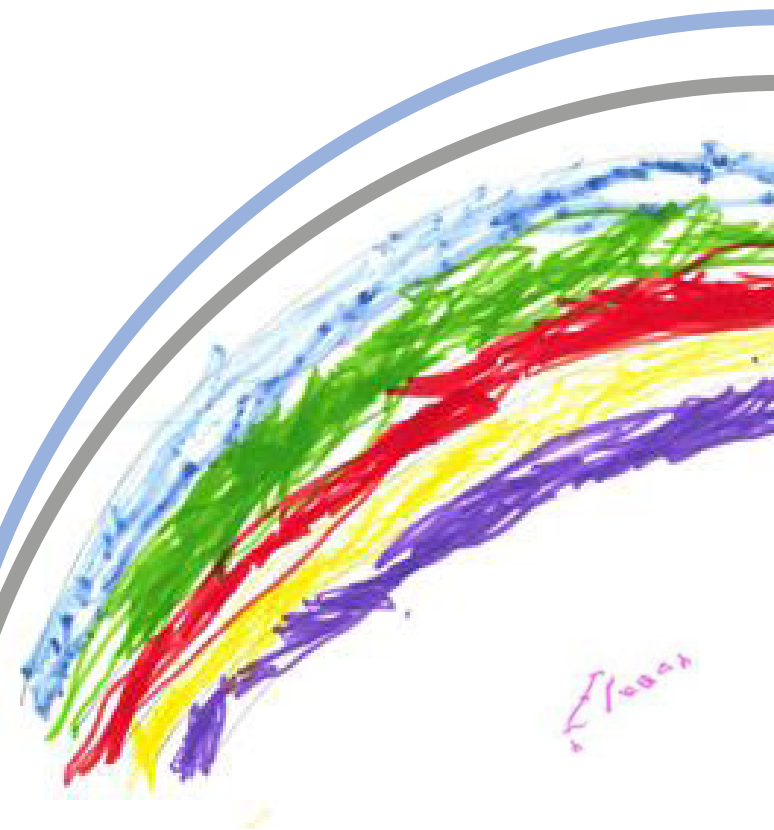
If you need an interpreter or would like this information leaflet in another format, such as Easy Read, large print, braille, audio, electronically or another language, please speak to the department where you are being seen. You will find their contact details on your appointment letter.



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Oxford University Hospitals NHS Foundation Trust
www.ouh.nhs.uk/information

Oxford Children's Hospital Neurorehabilitation Service

Information for
parents and carers



Welcome to Oxford Children's Hospital Neurorehabilitation Service

Neurorehabilitation aims to reduce disability and preserve function in a child or young person affected by a neurological condition, such as a stroke, infection, traumatic head or spinal injury, or brain tumour.

We see children and young people up to the age of 16, who have a significant neurological injury or condition which has reduced their ability to manage their everyday activities, for example walking, getting dressed and seeing friends.

Neurorehabilitation can help your child to reach their potential in all areas – physical, cognitive, social and emotional – helping them to return to their home, school and social life.

The team is based at Oxford Children's Hospital.

How the service works

We provide a programme of neurorehabilitation which is specifically designed around your child's individual needs and circumstances. Members of the service will work with you and your child, either together or on your own. They may also work jointly with other members of the team.

Whilst your child is in hospital, we will hold regular meetings to review how they are doing and the goals that are being worked towards.

We work closely with community services and schools to make sure your child has the appropriate support when they are discharged from hospital.

Our team includes...

Paediatric Neurologists

Paediatric neurologists are doctors who specialise in diagnosing and treating disorders affecting the nervous system. This includes conditions involving the spinal cord, muscles, nerves and brain.

Physiotherapists

Physiotherapy can help your child with their physical recovery following an acquired brain or spinal injury. Physiotherapists use a combination of exercises, teaching and advice.

Physiotherapists work on developing motor skills, such as head control, sitting and standing, balance and walking. They may use equipment such as splints or walking aids to help your child to be more independent.

Physiotherapists also work with your child to help prevent further loss of ability, through addressing secondary problems such as muscle tightness.

Occupational Therapists (OT)

Occupational Therapy aims to help your child improve or maintain their ability to carry out all aspects of daily living. This includes play, personal care (such as washing and dressing) and school.

Occupational Therapists assess and treat any physical, perceptual or cognitive problems which may interfere with your child's abilities.

Speech and Language Therapists (SLT)

The Speech and Language Therapist is responsible for assessing and treating a range of communication and/or swallowing difficulties. They provide strategies to help your child communicate to the best of their ability.

They may recommend Alternative and Augmentative Communication (AAC) systems, such as signing, symbol communication books, and equipment.

Speech and Language Therapists can also assess your child's swallowing and provide advice and management plans for those with dysphagia (difficulty swallowing).

Clinical Psychologists

Clinical Psychologists provide support to help your child, siblings and you to adjust to the immediate and longer-term impact of an acquired brain or spinal cord injury.

This might include offering space to talk about and understand what has happened; thinking about the future and managing emotional and behavioural changes.

We may also assess the impact of the injury on your child's thinking skills (e.g. memory, attention/concentration, language, visuospatial and executive skills). This can help to inform you, the rehabilitation team and school about your child's strengths and weaknesses, and contribute to the development of strategies to improve day-to-day living.

