

Nuffield Orthopaedic Centre

Limb Reconstruction Team

Tel Office 01865 737529

Ilizarov Nurse Specialist

Maz Sutherland

Tel Mob 0782 5861951

Email: Marion.Sutherland@orh.nhs.uk

John Radcliffe Hospital

Clinic Plaster Room

Tel 01865 220219

Trauma / Tissue Viability Nurse Specialist

Julie Brown

Tel 01865 857903

**External Fixator Patient – Repeat Prescription List for your GP
DRESSINGS & EQUIPMENT REQUIRED:**

1. Dress-it® Non-Drug Tariff Spec Sterile Dressing Pack
2. Non woven Fabric Swab Drug Tariff Spec 28 (Non-woven fabric folded 4-ply) 7.5 x 7.5cm pack of 5 (2 packs per day)
3. Sodium Chloride 0.9% topical solution 25ml sachet (2 sachet per day)
4. Micropore Tape 5cm (3m)
5. Alleyvn™ non-adhesive _____ cm x _____ cm (_____ per day)
6. Mepore™ Dressing _____ cm x _____ cm (_____ per day)
7. Wound Dressing: _____
8. **Plus your oral medications:** _____

If the dressing pack does not contain a plastic pot, buy a baby bottle with lid (Sterilise in boiling water as usual practice. Use the Lid for holding your cleaning solution)
Scissors cannot be obtained on prescription...Buy stainless steel nail scissors and sterilise as above
Sterile Mouth Sponges are not available on prescription

IF YOU CURRENTLY PAY FOR YOUR PRESCRIPTIONS.....

YOU ARE STRONGLY ADVISED TO PURCHASE A:

PRESCRIPTION PREPAYMENT CERTIFICATE

We suggest that a 3 month Certificate should cover the majority of your needs. This costs approximately £29 for the 3 months and during this time all your prescriptions are free.

You can obtain this by:

1. Phone Tel 08458500030 (pay by debit / credit card)
2. On line at: www.direct.gov.uk/en/D11/Directories/DG_10011173
3. At your local Pharmacy / Chemist where you can pick up the application form and complete and pay at the same time.

Maz (Marion) Sutherland

Ilizarov Clinical Nurse Specialist

Tel Mobile 0782 5861951

For further information visit our Web Site at: www.noc.nhs.uk/limbreconstruction