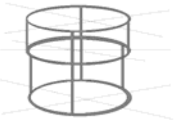
Ilizarov Team

Mr Martin McNally	Consultant Surgeon
Mr David Stubbs	Consultant Surgeon
Mr Andy Wainwright	Consultant Surgeon
Dr ___________	Senior House Officer
Maz Sutherland	Ilizarov Clinical Nurse Specialist
Craig Walsh	Children's Nurse Practitioner
Sarah Wyatt	Adults Physiotherapist
Laura Streeton	Children's Physiotherapist
Lindsay Cummings	Children's Physiotherapist
Jackie Sherwood	Children's Occupational Therapist
Jackie Halliday	Ilizarov Aftercare



Maz Sutherland
Ilizarov Clinical Nurse Specialist

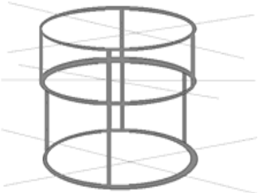
Nuffield Orthopaedic Centre NHS Trust
Hospital
Windmill Road
Oxford OX3 7LD

Phone: 01865 737626
Mobile: 07825861951

Maz Suttherland
Ilizarov Clinical Nurse Specialist
Tel Mobile 07825861951

Kura tal-Pin Sites

ILIZAROV Team



Kura tal-Pin Sites

L-ewwel tibdil tad-dressing

Jekk hu possibli, id-`dressing` ta` wara l-operazzjoni jhalluha hemm ghal 36-48 siegha.Qabel ma jnehhu d-`dressing` il-frame jitnaddaf sew. Meta jitnaddaf u jixxut-tawh, inehhu d-`dressing` bil-mod u jar-muha. Meta jnaddfu l-feriti juzaw teknika asettika u jergghu jaghmlu `dressing` ohra biex jibda jghin biex tghin fil- process tal-fejqan tal-feriti.

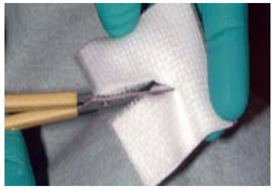
L-ewwel gimgha tal-kura tal-pin sites….

Meta tkun l-isptar in-`nursing` u s-`surgical staff` joqoghdu attenti u juzaw it-teknika asettika meta jiehdu hsieb il-pin sites. Ghall-bidu l-kura tal-pin sites tkun f`idejn in-`nurses`. Sakemm il-feriti jibdew ifiequ tajjeb li tnaddaf il-pin sites fuq is-sodda u tuza it-`trolley` tad-`dressing`.

Kura tal-Pin Sites

Biex tnaddaf il-pin sites uza garza sterilizzata jew `cotton buds` sterilizzati. Il-pin sites jigu ccekkjati kuljum. Jekk ma jkunx hemm problemi m`hemmx ghalfejn izjed kura. Jekk tara qoxra titrabba, trid tnehhiha. Uza cotton bud jew garza mxarrba bl-ilma sterilizzat, lahlah il-ferita bil-mod. Tuzax l-istess cot-ton bud jew garza biex tnaddaf ohrajn ghax jistaw jinfettaw il-pin sites l-ohra. Jekk ikun hemm qoxra normali li qed tikber madwar il-pin, tmissuhiex. Dawn tindunaw bihom meta qed ittawwal il-frame. Din il-qoxra eventwal-ment taqa` wehida. Jekk il-pin sites ma jnixxux, tista` thallihom mikxufin. Izda jekk

inixxu aghmel `key-hole dressing` sabiex ma jcarcrux fuq pin sites ohra. Uza ir-`rubber bung` biex iz-zomm id-`dressing` f`postha u oqghod attent li ma taghfasx fuq il-gilda fejn hemm il-ferita.



Meta l-feriti jkunu fiequ…..

Hafna mill-pazjenti jkunu jist-ghu jiehdu shower sebat ijiem wara l-operazzjoni. Normal-ment sa dan iz-zmien il-feriti jkunu fiequ.. Jekk m`intix car staqsi l-Ilizarov tim biex jaghtik parir.

Jista` jkun li certi pazjenti jaghmu `plastic surgery` meta jkunu ghamlu l-operazzjoni. Jekk dan huwa l-kaz, staqsi lil-`Plastic sur-gery team` rigward kemm iddum fix-xower, jekk qieghed tikkura l-feriti.

Meta qed tiehu xower...

Jekk il-faxex wahlu mal-feriti, tmisshomx sakemm tohrog mix-xower. Meta l-faxex jixxarrbu sew, jkun izjed facli biex tnehhi-hom. Jista` jkollok bzonn ghajnuna biex tiehu xower. L-ewwel inhasel. Wara ikkon-centra fuq i-frame u l-pin sites billi tuza `cotton buds` jew garza biex tnaddaf postijiet diffi-

Jew inkella tista` thossok aktar komdu li tnaddaf il-pinsites fuq is-sodda. Tista` tiehu banju bil-frames pero` lahlah il-frame u l-pin sites wara l-banju. Ma naghtux parir li tie-hdu banju meta tkunu l-isptar.