

Stoma Care and Colorectal Nurse Specialists

Information about the placement

Contact details

Team Lead

Tracey Becker: tracey.becker@ouh.nhs.uk

Administrator

Ellen: colorectal.nursing@ouh.nhs.uk

Student Link Nurse

Jodie Painton: jodie.painton@ouh.nhs.uk

Best time to contact

Monday to Friday 8:00am - 4:00pm excluding Bank Holidays.

Telephone

John Radcliffe Hospital: 01865 221839

Churchill Hospital: 01865 235367

Location

Level 6, C/D Corridor, John Radcliffe Hospital, Headley Way, Headington, Oxford OX3 9DU

Renal/Transplant Ward, Level 2, Cancer and Haematology Centre, Churchill Hospital, Old Road, Headington, Oxford OX3 7LE

Key learning opportunities

What you can expect from us.

- You will have the opportunity to work with new stoma care patients and assist with their journey to learn how to appropriately care for their new ostomy.
- As part of our Stoma Team we also care for paediatrics and neonates and you will have the opportunity to shadow us within those areas.
- As a tertiary referral centre for colorectal and gastroenterology we often will be part of the care team with some of the more complex cases with bowel transplant, short gut syndrome and advanced procedures such as Robotic Surgery.
- You will have an opportunity to work with the colorectal cancer nurses as part of the team, in oncology and surgical clinic.

- We can help to organise spoke shift to other areas, surgical ward areas, work with MDT members, theatre or endoscopy. Have a think about what you would like to do to optimise your time with us.
- A collaborative approach to organising your in-placement assessments.
- CLIP days are on Wednesdays where you will have the opportunity to get work with a clinical educator on the ward and participate in ward care in a very structured and supported shift.
- The opportunity to manage your own patient caseload with support from an experienced nurse.
- Access to support at all times (see contact details above).
- To be supernumerary at all times

Suggested spoke placements

- Wytham Ward (Churchill Hospital) Elective Colorectal Surgery
- Surgical Emergency Unit (John Radcliffe Hospital)

Typical shift patterns

Monday to Friday 8.00am - 4.00pm excluding Bank Holidays.

Stoma Team daily routine

Time	Activity
08:00 - 08:30	Checking for new referrals and sorting the handover sheet for the day and allocate patients fairly between specialist nurses.
08.30 - 12.00	Inpatient support and training, pre-arranged clinic appointments. Possible pre-operative assessment appointments of elective patients. Home visits to new and established patients who are unable to attend clinic.
12.30 - 13.30	Protected mealtimes on the ward; we avoid doing care at these times.
13.30 - 16.00	More inpatient training and clinic appointments. Pre-operative assessment appointments. Administration. Possible reviews in outpatient consultant clinic. Home visits to new and established patients who are unable to attend clinic.

Interdisciplinary learning

Our Service

Our team consists of 13 specialist nurses who either specialise in stoma or cancer care.

We also have our administrator Ellen and colorectal cancer support worker, Tamara.

Stoma Team

Our stoma service is based at the JR, Churchill and Horton General hospitals and we support both inpatients and continue that care in the community with smaller community clinics and Telemed clinics. We teach them autonomy and independence in their ostomy care and support them in getting back to their normal lives and support with advice on any adjustments which might be required to help them live a fulfilling life.

Cancer Team

Our cancer team is also based across the three hospitals providing colorectal cancer support to patients both in hospital and the community working alongside the colorectal consultants and oncologists. This is to help with giving a cancer diagnosis, preparing them for colorectal surgery and/or cancer treatment in line with their cancer pathways and surveillance pathways.

Practice assessors

While you are on placement you will be allocated a Practice Assessor. This person will be responsible for your scheduled meetings and signing off your portfolio. Whilst you are on placement you will need to provide evidence of your development and learning. This evidence will contribute to your portfolio.

We will aim for you to work with many members of the team as everyone will work in different ways of working and have different knowledge to impart.

This evidence could include reflections on patient contact / communications, mind maps to stimulate advanced thinking on specialised topics and teaching sessions with patients, carers or other healthcare professionals making sure they all link to the NMC code of conduct.

Setting Learning Objectives

Links to competencies:

- Health promotion
- Patient learning and teaching sessions
- Wound care, infection control
- Privacy and dignity
- Treating patients as individuals

- Nutrition and Elimination
- Caring for vulnerable individuals: children, learning difficulties, mental health, the older person

Colorectal nursing is a fascinating area and full of learning opportunities; as you can imagine it is quite a niche area. However, it is not the only area you will work in whilst on placement with us as spoke placements are integral to obtain the skills we cannot support, for example medications. As a registered nurse you will want the confidence that comes from having a solid general knowledge, transferrable clinical skills and the ability to make and defend clinical judgements. Therefore, to get the best from your placement it is sensible to set learning objectives that will address these skills rather than focusing only on stoma and/or cancer care.

Useful reading for the placement

Some learning areas that you might benefit from looking at, that are relevant for this placement:

- Gastrointestinal anatomy and physiology
- Inflammatory Bowel Disease – Crohn's and Ulcerative Colitis
- Bowel cancer types and treatments
- How are electrolytes and nutrition absorbed by the GI system and how surgery can impact these functions e.g. if someone has their terminal ileum removed how does this impact the absorption of Vitamin B12
- Post-operative concerns and appropriate monitoring
- Medications and how to affect the digestive system