



Oxford University Hospitals
NHS Foundation Trust

Oxford Glaucoma Monitoring Unit (OGMU)

Information for patients



Oxford Eye Hospital

Oxford Glaucoma Monitoring Unit (OGMU)

This leaflet will tell you about the Oxford Glaucoma Monitoring Unit (OGMU)

You are currently under the care of the Glaucoma team within the Ophthalmology service. Glaucoma needs regular monitoring to ensure that your condition is not getting any worse.

Your Glaucoma specialist has assessed your eye records and has requested that your next appointment will be at the Oxford Glaucoma Monitoring Unit (OGMU), rather than in the outpatient glaucoma consultant face-to-face clinic.

What is the Oxford Glaucoma Monitoring Unit (OGMU) service?

When you attend the OGMU clinic, the optometric technicians will perform all the relevant glaucoma diagnostic tests. The appointment will usually include a field of vision test, a photograph/scan of the optic nerve at the back of your eye and an eye pressure check.

After all the tests you will be able to leave straight way. All the information collected on that day will be reviewed by Glaucoma specialist in the following 4 to 6 weeks and they will write to you with the results once they have reviewed your record.

The main advantage of being seen in the OGMU is that you will avoid a lengthy time in the Eye Hospital waiting to see the clinician after having had your tests.

What happens if there is a change in my eye condition?

If you have any concerns about your vision or notice any changes, please tell the optometric technician during your appointment. They will log any new findings and make sure any issues are brought to the attention of the glaucoma specialist.

If the glaucoma specialist detects any change in your condition when reviewing your test results, you will be offered an appointment in the glaucoma clinic at the hospital, for further examination.

What do I need to do on the day of my OGMU appointment?

It is important that you bring any prescribed Glaucoma eye drops to the appointment so that the Glaucoma technician can record exactly what eye drops you are using on the medical record.

On the day, we often need to use eye drops to dilate your pupils as it helps us to get better diagnostic images of the back of your eye. For this reason, **please do not drive yourself to this appointment** as the drops will affect your eyesight and you will not be able to drive yourself home.

How do I find out about the results of my OGMU appointment?

The Glaucoma specialist will contact you by letter to let you know the results of the tests.

In the letter, you will be told whether or not you need to make any changes to your treatment; i.e. if you need to start or change eye drops.

The Glaucoma specialist will also write to your GP to ask them to update your repeat prescription so that your next prescription includes the new drops if appropriate. Do remember to check that the GP practice has updated your repeat prescription before ordering your next prescription from your local pharmacy.

Sometimes when there is a change in your condition, you may be offered an additional outpatient appointment to be seen face-to-face by the Glaucoma specialist in the clinic at the hospital. This will involve further assessment and discussion of your condition before any changes to your treatment are made.

Your next appointments

The Glaucoma specialist will always let you know in the letter how many months it will be until you will need to be reviewed again. They will also tell you if this will be in the OGMU clinic or in a Glaucoma face-to-face outpatient clinic with the Glaucoma specialist.

Please note the Glaucoma secretary will send you a separate letter with the date and time of your next appointment. This will arrive nearer to the date of the appointment.

How to contact the Glaucoma Team:

If you do not receive the letter about the results of your OGMU clinic or an appointment letter within 4 to 6 weeks, please contact:

Glaucoma Team secretaries on

Tel: **01865 234567**.

This is an automated service. You should press the option for 'Patients' then the option for 'Secretaries and Pathway Administrators' then ask for the glaucoma secretary.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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