

# Paediatric Clinical Neuropsychology

Information for parents and carers

Department of Clinical Neuropsychology Russell Cairns Unit, John Radcliffe Hospital The Paediatric Clinical Neuropsychology department is based in the Russell Cairns Unit, in the West Wing of the John Radcliffe Hospital. It is part of the Trust-wide Psychological Medicine service.

Your child has been referred to the Paediatric Clinical Neuropsychology team. This may be because they have difficulties due to brain injury (e.g. head injury, stroke or tumour) or because they have an illness that involves their brain (such as epilepsy).

They may have been referred because of concerns about their development and progress at school, or because of other psychiatric or neuropsychiatric conditions.

Clinical Neuropsychology is concerned with the impact that these problems can have on a person's thinking skills (such as attention and memory), their mood and their behaviour.

# What will happen during the appointment?

The appointment will include a discussion about your child's history, schooling and any concerns you have about their thinking skills, behaviour and emotions.

The appointment may also involve us seeing your child on their own, to carry out some testing of their thinking skills (such as memory, language, reading and spelling), or questionnaires about their emotions and behaviour. Most of these measures take the form of puzzles and games and children usually enjoy completing them.

It may be that a second appointment will be needed to explore your child's difficulties in greater depth, or to discuss the results of any completed assessments.

## How long will the appointment last?

This will vary, depending on why your child has been referred and the assessments that need to be completed. Appointments usually last between one and a half and four hours; your appointment letter will let you know how long we think it will take. For longer appointments, there will be breaks, including a break for lunch.

### What do we need to bring with us?

Please bring any relevant school/educational or professional reports with you to the appointment. If your child wears glasses for reading, or has a hearing aid, please make sure they have these with them. Please bring something for your child and you to snack on/drink.

#### Website

Please visit the hospital website for further information about the support the Paediatric Clinical Neuropsychology service can provide:

Website: www.ouh.nhs.uk/psychologicalmedicine/services/neurosciences.aspx

#### How to contact us

#### **Postal Address**

#### **Russell Cairns Unit**

Level 3 West Wing John Radcliffe Hospital Headley Way Oxford, OX3 9DU

Tel: **01865 234 264 01865 234 714 01865 226 908** 

(answerphone available)

Email: russellcairns@nhs.net

The unit is open Monday to Friday, 9.00am until 5.00pm.

Dr Kate Scarff Consultant Paediatric Clinical Neuropsychologist

Dr Jeni Tregay Clinical Psychologist

Dr Charlotte Evans Clinical Psychologist

#### **Further information**

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

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