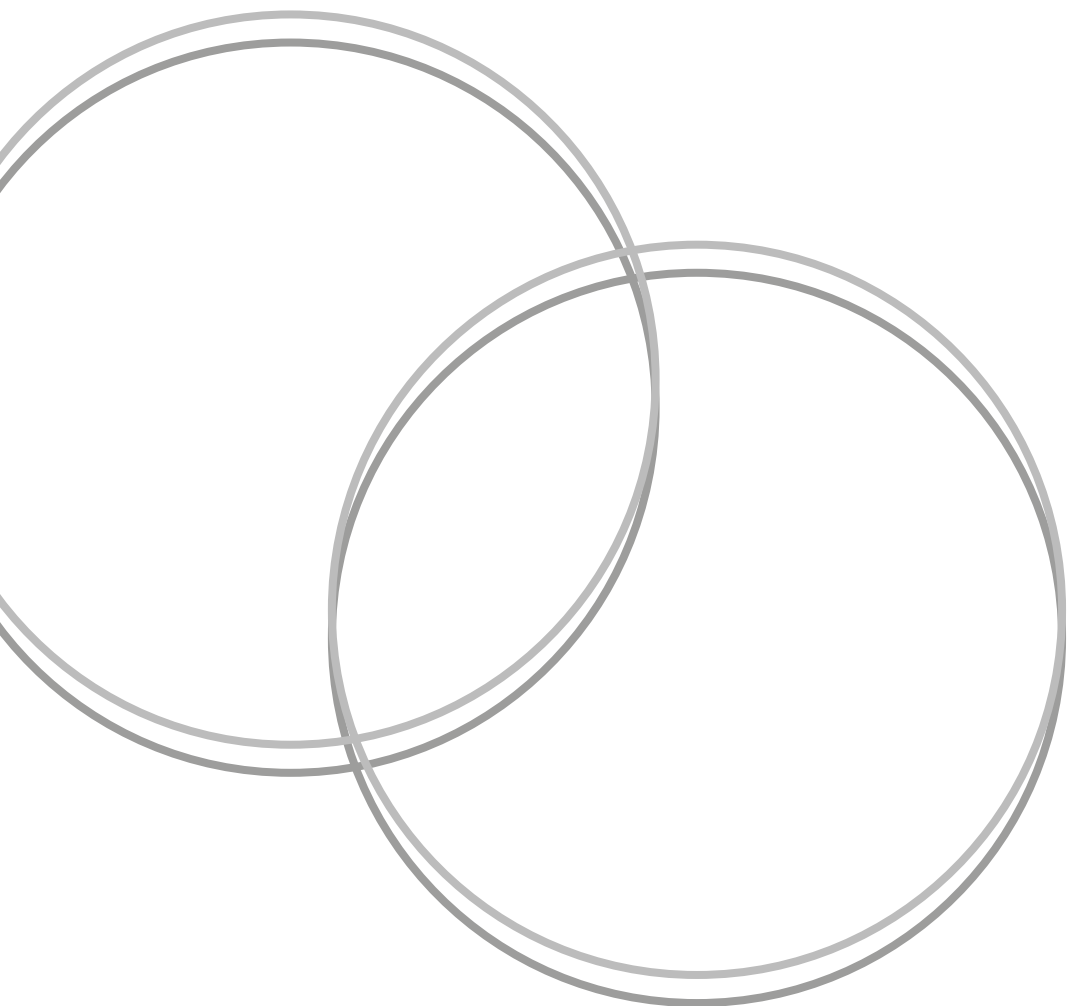




Oxford University Hospitals
NHS Foundation Trust

LISINOPRIL

**Information for
parents and carers**



WHAT IS LISINOPRIL?

Lisinopril is in a group of drugs called ACE inhibitors. Lisinopril is used in children with heart problems to lower the blood pressure and help reduce the workload of the heart. Children starting lisinopril may need to come into hospital for the day so we can give a small starting dose and monitor their blood pressure.

HOW DOES IT WORK?

Lisinopril causes the small arteries to relax, reducing the blood pressure and allowing the heart to work more efficiently.

HOW SHOULD IT BE TAKEN?

It is important lisinopril is taken regularly, as prescribed. This is usually taken once a day. It is available as tablets, 2.5mg, 5mg, 10mg and 20mg which can be dissolved in water and given to young children using an oral syringe or as a suspension dispensed in a strength of 5mg in 5ml. It may be better to give it to your child in the evening in case it causes dizziness, particularly if increasing the dose.

WHAT SIDE EFFECTS MAY OCCUR?

Most children tolerate lisinopril quite well. Some children experience low blood pressure. Skin rashes and changes in the sense of taste (usually for a short time) and sleep disturbances have also been reported. A dry cough or sore throat may also be a problem.

If your child feels dizzy then lying them down will help. If your child experiences any other side effects then please report this to your doctor or Children's Cardiac Nurse Specialist.

Blood tests will be required to monitor kidney function while your child is taking lisinopril.

FURTHER PRESCRIPTIONS WILL NEED TO BE PROVIDED BY YOUR CHILD'S GP.

THIS MEDICINE SHOULD NOT BE STOPPED WITHOUT ADVICE FROM A DOCTOR.

If you have any further questions, worries or queries about your child once you get home, please contact us. We are available Monday to Friday 09:00-17:00.

Children's Cardiac Nurse Specialists

Tel: **01865 234 985**

Outside of these hours, you can contact:

Bellhouse/Drayson Ward

Tel: **01865 231 248**

Oxford University Hospitals Switchboard

Tel: **0300 304 7777**

How can I give feedback about my experience?

We would like to hear about your experience with our Childrens' Services. There are different ways to feedback to us:

Online: **www.ouh.nhs.uk/childrens-feedback**

Email: **childrens.patientexperience@ouh.nhs.uk**

Or ask for a paper survey to fill in.

Further information

If you would like an interpreter, please speak to the department where you are being seen.

Please also tell them if you would like this information in another format, such as:

- Easy Read
- large print
- braille
- audio
- electronic
- another language.

We have tried to make the information in this leaflet meet your needs. If it does not meet your individual needs or situation, please speak to your healthcare team. They are happy to help.

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Oxford University Hospitals NHS Foundation Trust

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