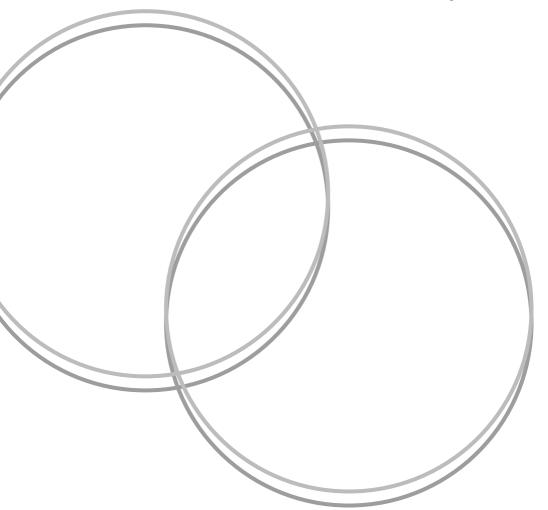


# Cancer of Unknown Primary (CUP)

Information about your care



This information leaflet has been designed to give you information about the people who will be involved in your care.

You will be looked after by the Cancer of Unknown Primary Multi-Disciplinary Team at the Oxford University Hospitals NHS Foundation Trust. We hope that this leaflet will be a source of information and help to you.

# Cancer of Unknown Primary (CUP) Multi-Disciplinary Team (MDT)

The Cancer of Unknown Primary Multi-Disciplinary Team is made up of a group of healthcare professionals who have a specialist interest, knowledge and expertise in the management of people with cancers of an unknown primary.

The team is made up of:

- **Specialist Oncologists** Who specialise in cancer treatments such as chemotherapy or radiotherapy.
- **Pathologists** Who examine samples such as biopsies to look for particular cancer cell types.
- **Radiologists** Who perform and interpret X-rays, CT and PET scans and MRI scans.
- **Specialist Nurses** Who will offer you a point of contact, information and support.
- **Dietitians** Who will support your health through food and nutrition.
- **Multi-Disciplinary Co-ordinator** Who co-ordinates Multi-Disciplinary Team meetings and 'tracks' your care.

# The MDT meeting

The MDT meets every Monday morning. Each patient's case is discussed when they reach important points with their diagnosis and treatment. The MDT will discuss your case history, X-ray images and pathology results (from studying biopsies), together with any other relevant information. As a team, they will work out an appropriate plan for your treatment or care. This plan will be discussed with you either over the telephone, at an appointment in clinic, or on the ward.

# **Specialist nurses**

**CUP specialist nurses** are senior nurses who work as core members of the Multi-Disciplinary Team. The specialist nurse has specific knowledge and experience of patients with a cancer of unknown primary. They also have specialist knowledge of the treatments that you might be offered.

The specialist nurse works closely with the oncologist involved in your care. They are also able to put you in contact with other members of the team, such as the doctors, dietitians, palliative care team and other health professionals.

You will also be assigned a **key-worker**.

# What is a key-worker?

Your key-worker will be your main point of contact with the hospital. Your key-worker is involved in co-ordinating your care. The role is often carried out by the specialist nurse, but if your needs change you may be supported by another member of the MDT.

The specialist nurse attends the weekly Multi-Disciplinary Team meeting to discuss your care. They can act as a link for you to hear about what was discussed at the meeting.

# How can we help?

Specialist nurses aim to offer you and your carers a point of contact for information, support and advice during any investigations, treatment and care.

They can offer and discuss information about:

- your diagnosis
- investigations and treatment options
- advice on physical and emotional symptoms
- any other issues, concerns or comments you may wish to raise
- links with doctors or other health care professionals.

Please do not hesitate to contact the specialist nurses if you need advice about your condition or treatment.

### How can you contact us?

The specialist nurses can be contacted on the numbers listed below, however you may need to leave a message with the secretary or on the answerphone.

#### **Churchill Hospital:**

Tel: 01865 741 841

or leave a message on **01865 235 058** 

#### John Radcliffe Hospital:

Tel: 01865 746 611

or leave a message on **01865 235 037** 

#### **Further information**

There are many ways of finding out information about cancer and possible treatments. People who are affected by cancer often need information to help them to make informed decisions about their condition, treatment and to help them plan for their future.

The specialist nurses have access to a range of written national and local information leaflets. The Maggie's Cancer Information Centre also provides valuable sources of information.

Information can be found on the internet, but should always be read in relation to what you have been told by your cancer specialists. Please feel welcome to discuss specific questions with your cancer specialist or specialist nurse.

#### **Maggie's Cancer Information Centre**

Churchill Hospital, Oxford

Tel: 01865 225 690

(9am - 4pm, Monday to Friday)

www.maggiescentres.org

#### **Macmillan Cancer Support**

Tel: 0808 808 0000

(8am - 8pm, 7 days a week)

www.macmillan.org.uk

#### **Cancerlinks**

www.cancerlinks.org.uk www.oxfordcancerinfo.org.uk

#### **Cancer of Unknown Primary Foundation**

www.cupfoundjo.org

#### **FREE PRESCRIPTIONS**

# ALL PATIENTS WITH A DIAGNOSIS OF CANCER ARE ENTITLED TO FREE PRESCRIPTIONS

(Please speak to your doctor or specialist nurse for details.)

If you need an interpreter or would like this information leaflet in another format, such as Easy Read, large print, Braille, audio, electronically or another language, please speak to the department where you are being seen. You will find their contact details on your appointment letter.

Making a difference across our hospitals

 $charity@ouh.nhs.uk \mid 01865\,743\,444 \mid hospital charity.co.uk$ 



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