## Oxford University Hospitals NHS Foundation Trust

# Neurosurgery Department Sedation advice

You are being given this leaflet as you have had medications today to make you drowsy during your procedure. We have observed you to check that there have been no side-effects from the medication and are happy that you are now recovered enough to be able to go home.

#### Before you go home, we will check you:

- can eat and drink
- have passed urine
- do not feel sick
- are able to move around as you could before the procedure.

When you are discharged we advise the following:

- You must have a responsible adult to take you home and to stay with you for the next 12 hours.
- You should rest for the next 24 hours.
- You should not drive. Driving in the 24 hours following sedation will invalidate your insurance and is therefore illegal.
- You should not not drink alcohol, operate machinery or sign legally binding documents for 24 hours.

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### How to contact us

If you have any questions or concerns, please contact:

#### **Neuroscience Inpatients**

John Radcliffe Hospital Tel: 01865 234 912

### **Oxford Hospitals Switchboard**

Tel: **0300 304 7777** and ask them to bleep the Neurosciences Floor Co-ordinator on Bleep 6556

Alternatively you can contact your GP or NHS 111 (Freephone) for emergency advice.

If you need an interpreter or would like this information leaflet in another format, such as Easy Read, large print, Braille, audio, electronically or another language, please speak to the department where you are being seen. You will find their contact details on your appointment letter.



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