

## Leaving hospital



When you are ill you need to stay in hospital.



When you are better you can go home.



The nurses and doctors will help you decide when to go home.



If you need help at home, we will arrange for you to get it.



If you need more care, you will go to a 'Community Hospital'.



We will send you to the first bed we can find.

## Planning to go home



Make sure you know how you are getting home.



You may need to ask someone you know for a lift. Ambulances are only for very sick people.



Don't forget to take your things with you.



You will need proper clothes and keys for your house.



Ask someone to put your heating on if it's cold.



Ask someone to buy some food for you.

## When you leave



We will aim to get you home in time for lunch.



On the day you go home you will get up early. You can wait for your lift home in the lounge / day room.



We will give you a letter to take home. We will send a letter to your family doctor (GP) too.



Take your medicine home. We may give you new medicine too.



To ask questions about your medicine:  
Call the help line: **01865 228906**  
Monday to Friday 9am - 1pm.



If you are worried when you get home:  
Call the Social and Health Care Team:  
**0845 050 7666** or  
Call your family doctor (GP).