

Consent

A guide for people with
learning disabilities



You don't feel well

So you see a doctor or nurse.



They want to find out what's the matter - to examine you.



Or do something to help - treat you.



Before they do anything they must ask you to agree - to give your **CONSENT**.

Are you 16 or over?

You can give consent for yourself.



Are you under 16?

You can give consent for some things.

They might ask you to consent by
- doing something



- or signing something.



You can say YES
You can say NO
It 's up to you.



Before you make up your mind,
you need them to give you
INFORMATION about:

- What they want to do
- the treatment.
- Why they think it's good for you.
- What the treatment will feel like.
- What might go wrong.
- How much better it will make you.



Ask them questions if you don't
understand or feel you want more facts.

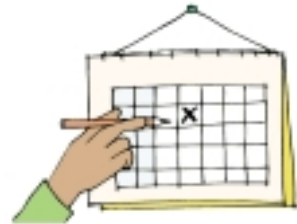
Do you need help to make up your mind?



Talk it over with your friend, relative or carer. They might like to ask questions, too.



Take time to think about it.



Remember:

Giving consent is up to **you**.



Note to Parents or Carers:

There are separate leaflets which will guide you in helping your child or the person you care for when they are asked to give consent.

This leaflet is available free from the
NHS Response Line on 08701 555 455.
It is also on our website at www.doh.gov.uk/consent

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