

Interpretation of FIB-4 and ELF tests in NAFLD

Age < 35 years

ELF <9.0

Low risk for advanced liver fibrosis.

Treat metabolic risk factors and if there is ongoing risk suggest repeating test in 3 years.

ELF >9.0

High risk for advanced liver fibrosis.

Recommend referral to Metabolic Hepatology Clinic.

Age ≥ 35 years

FIB-4 <1.3

Low risk for advanced liver fibrosis.

Treat metabolic risk factors and if there is ongoing risk suggest repeating test in 3 years.

FIB-4 1.3 - 2.67 (Indeterminate)

ELF <9.5

Low risk for advanced liver fibrosis.

Treat metabolic risk factors and if there is ongoing risk suggest repeating test in 3 years.

ELF >9.5

High risk for advanced liver fibrosis.

Recommend referral to Metabolic Hepatology Clinic.

FIB-4 >2.67

High risk for advanced liver fibrosis.

Recommend referral to Metabolic Hepatology Clinic.

If you have any queries regarding the interpretation of these results, if there are any atypical clinical features or hepatic comorbidity, please contact the Hepatology email advice line on orh-tr.oxon.hepatologyadvice@nhs.net

We like to offer all patients with NAFLD access to clinical trials. If your patient is interested, please email nellia.sande@ouh.nhs.uk