PATHWAY FOR PREGNANT WOMEN WITH/CARRIERS OF INHERITED BLEEDING DISORDERS:

PLEASE CONTACT HAEMOPHILIA TEAM FOR ALL PREGNANT PATIENTS WITH BLEEDING DISORDERS, INCLUDING THOSE WHO ARE CARRIERS FOR BLEEDING DISORDERS

GENERAL ADVICE THROUGHOUT PREGNANCY:

- Refer all patients to the Haemophilia and Thrombosis Centre (OHTC)
  - Pre-natal diagnosis may be required, refer as early as possible
  - Blood tests to check at time of referral:
    - haemophilia A carrier: FVIII level
    - haemophilia B carrier: FIX level
    - patients with VWD: FVIII, VWF Ag, VWF CBA, VWGP1bM, FBC
    - rare bleeding disorders: discuss with haemophilia team
  - Referrals and queries to: Haemophilia.reception@ouh.nhs.uk
  - Fetal DNA blood sampling is generally taken only if CVS is being considered
- Please discuss any unexpected bleeding with the haemophilia team
- Haemostatic therapy may be required for any intervention or procedure; please discuss with the haemophilia team

MANAGEMENT PLAN FOR DELIVERY:

Pre-delivery:
- The patient will be reviewed by a multi-disciplinary team, in 1st and 3rd trimesters
- Depending on blood results and type of inherited bleeding disorder, a haemostasis treatment plan will have been made which will include:
  - Management for mother:
    - Need for clotting factor concentrate/haemostatic drugs at delivery
    - Blood sampling frequency
    - Guidance about neuraxial anaesthesia
  - Management for baby:
    - Need to avoid instrumental delivery, fetal scalp electrodes
    - Use of IM/ oral vitamin K
    - Blood sample requirements from the cord
Post-delivery:
- Haemostasis treatment (where required) will be guided by clotting sample results
- The haemophilia team will review the patient regularly and provide advice on duration and intensity of haemostasis treatment, as well as need for thromboprophylaxis

HOW TO TREAT:
- Clotting factor concentrate and other treatments are available from JR blood bank
- Use must be authorised by the Haematology SpR or Consultant

Oxford Haemophilia & Thrombosis Centre Contacts for adults:

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<tr>
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<th>Monday to Friday 09.00 – 17.00</th>
<th>Weekends, out of hours and Public Holidays</th>
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<tbody>
<tr>
<td>Reception</td>
<td>01865 225316</td>
<td>Ask switchboard for Haematology registrar on call</td>
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<tr>
<td>Haemostasis registrar</td>
<td>Bleep 5529</td>
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<td>Haemophilia Nurses</td>
<td>Bleep 5064</td>
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