The following information is provided to help you understand what to do following your bone marrow biopsy.

**Pain and discomfort**
Following your bone marrow biopsy it is normal to feel a little discomfort and some aching for a few days in the area where the sample was taken. It is important that you continue to mobilise (move around) as you would normally. You may take mild painkillers (such as paracetamol) as directed by the instructions on the box or by your doctor. These should help.

If the pain gets worse please contact us on the telephone numbers at the end of this leaflet.

**Dressings**
You will have a dressing in place over the site of the biopsy. This needs to be kept dry and in place until the next day. You can then remove the
dressing and can have a normal shower/bath. It should not be necessary to recover the site.

If the site becomes sore or looks red and infected please contact us.

**Bleeding**
There should be no bleeding from your site.

If there is any bleeding do not remove the dressing. Use your hand to apply pressure to the site with some gauze or cotton wool and contact us immediately as below.

**Feeling unwell**
If you feel at all unwell please contact us.

Please remember that if you are in doubt or worried it is always better to seek advice sooner rather than later.

**How to contact us**

Please telephone
The Triage Assessment Team: 01865 572 192
Monday to Friday: 8am to 8pm
Saturday and Sunday: 8am to 6pm

Outside these hours please call:
Clinical Haematology Ward: 01865 235 048 or 01865 235 049